RS. 1.50

EVE'S WEEKLY

COMPLIMENTARY COPY

THE WOMEN BEHIND THE TYPEWRITERS

ONJUGAL
ARMONY
A RIGHT
LAW!

BORTION:
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HUMAN
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RARIES
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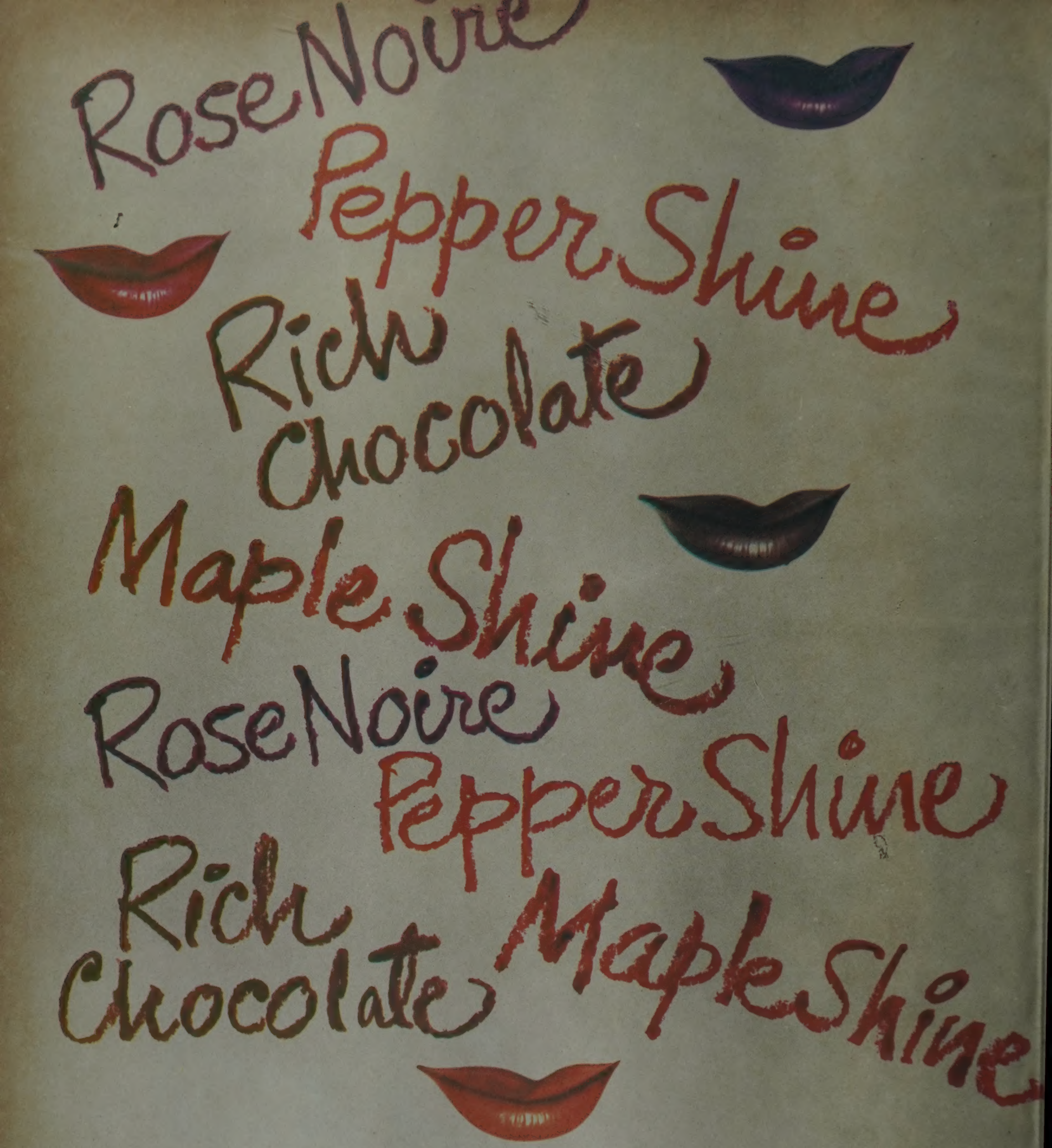
BOOKS

CONSUMERS
EXAMINE
YOUR
DETERGENTS

YOUR LAST
CHANCE—
EVE'S
WEEKLY,
CHILDCARE
CONTEST

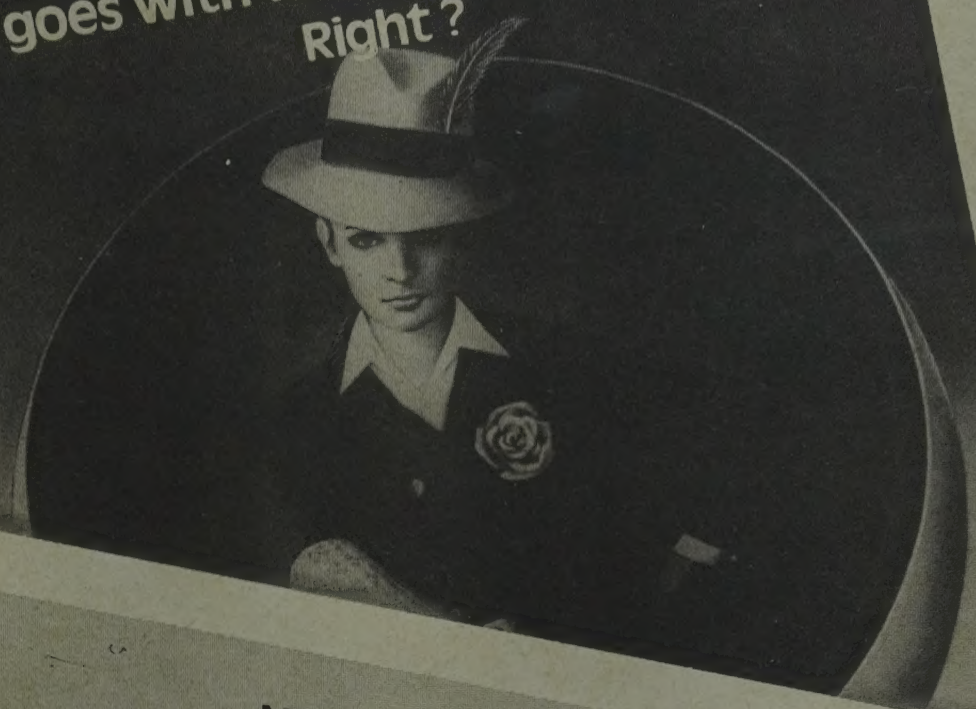


LIPS BY MAX FACTOR

Free Lip Brush when you buy 2 lipsticks. Offer open until stocks last.
From the beautiful world of Max Factor...naturally

Women who read women's magazines just want fashions and flares and what colour lipstick goes with what shape of eyes.

Right?



Wrong!

Week after week New Eve's Weekly readers lap up material that is serious without being solemn. The realities of being an Asian in Britain for instance.

We are in a trap now. We don't want to stay here really, but we can't go back. When I came I thought of earning quick money and going back. Now, all my family is here, the children say they want to stay in England...

EVE'S WEEKLY...JUNE 23-29, 1979

THE NEW

Eve's Weekly

...a woman's right to think!

For that blanket comfort
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HANSA BLANKETS give you the gentle warm comfort with a splash of vibrant colours and irresistible exciting designs. The snappy and bold stripes and the rich texture add a touch of distinction—and look of classic elegance.

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EVE'S WEEKLY

VOL. XXXIII NO. 40 BOMBAY OCT. 6 — 12, 1979

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THIS WEEK

THE WOMEN BEHIND THE TYPEWRITERS

A female-dominated core within the still by and large male world of business, secretarial assistants range from typists to executive secretaries. And while some complain of the routine nature of their jobs, others claim it is a useful stepping stone to better career prospects.
Page 12.

LIBRARIES WITHOUT BOOKS

Barring a few schools with enlightened principals, the majority of primary schools in our country make do with make-shift libraries or none at all. The emphasis here, as one school authority put it, is on teaching rather than learning, and so libraries are often dismissed as luxuries.
Page 29.

CONJUGAL RIGHTS?

Believe it or not, the basic ingredients of a happy marriage are recognized by law and the courts as conjugal rights. But the traditional values upheld by some of our judges make this area of legislation vulnerable.
Page 25.

THE MAGIC WHITENERS

Detergents have come to be such an essential part of everyday life that it is necessary to understand them properly, especially in the context of proposed Government policies. A Consumer Awareness feature.
Page 69.

ALSO

Eve Today : Shyamala Harve — **Page 10** Knit Yourself a Shawl — **Page 15** Abortion : The inhuman way — **Page 35** Beauty Contest Forms — **Page 51** Poppets on Parade — **Page 55** Behind The Footlights : Classical dancing as a career — **Page 59** Film Interview : Shatrughan Sinha — **Page 67.**

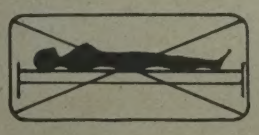
REGULAR FEATURES

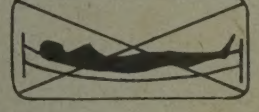
Your Page/**7**, Readers' Voice/**9**, Passing Through/**17**, Short Story/**19**, Comics/**33**, True Confession/**39**, Fashion/**40**, Cookery/**45**, Frankly Speaking/**75**, People & Events/**76**, Horoscope/**78**.

Are you getting the right kind of sleep?

Do you toss and turn all night or wake up in the morning with a backache?

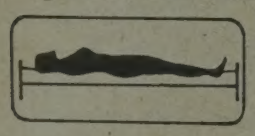
Scientific research has proved that in many cases, insomnia and back trouble like spondylitis, slipped disc and weak back are caused by sleeping on the wrong kind of bed. Any doctor (orthopaedic specialist) will tell you that too hard a surface – like the plain floor or wooden bed – could lead to stiff joints, muscle cricks. An old lumpy cotton mattress may cause muscle catches and bodyaches. On the other hand, too soft a mattress like the ordinary foam or rubber mattress, besides being too hot in summer, could lead to curvature of the spine because it does not give the firm support your vertebral column (backbone) needs. You may be inviting permanent back trouble.





The right kind of mattress:

A good mattress should give firm support to the back, at the same time taking the shape of the body as nature has made it. There should be no sagging, no bulging.



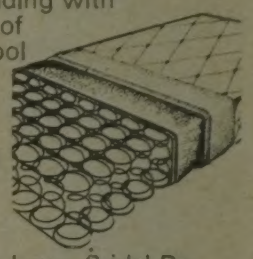
DREAM BED Mattress

Developed as a result of extensive research and modern techniques, DREAM BED Mattress has been specifically designed to give sound restful sleep.

• 17·8 cms. thick DREAM BED Mattress is made of special sturdy Coil Springs which are double-coned to provide stronger, longer lasting support. Unlike ordinary spring beds, DREAM BED Mattress springs are not tied into knots. They're 'grip locked' into position with stay-wires & clips so that they don't get separated and don't sag. Noiseless, smooth acting springs flex to fit body contours and movement, giving the right support and comfort to every part of your body – your hips, your shoulders, your knees as well as your back.

• A thick layer of felt padding with another thick elastic layer of cotton padding ensures cool comfort and evenness all over.

Covered by strong, long lasting upholstery material in a range of colourful designs.



Available in 3 models – De Luxe, Bridal De Luxe, Supreme De Luxe; and as Single or Double Bed.

The Indian Navy has already equipped 8 of its prestigious ships with RESTRITE DREAM BED MATTRESSES.

Give yourself a sound restful sleep with RESTRITE Dream Bed MATTRESS

If you don't already have one, get one today!

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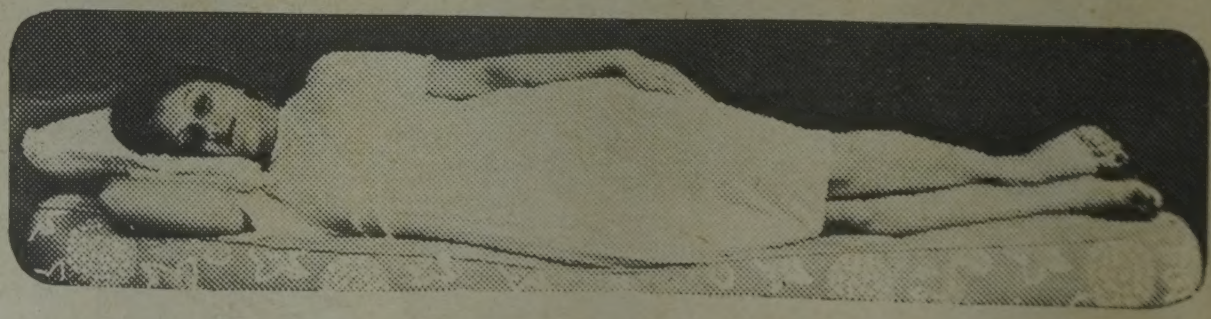

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YOUR PAGE

Do you have something to say?
Then say it here. We pay Rs. 25, 15 and 10 for the three best letters.

1st PRIZE

STUPID SITAS

A bride of barely two months lay dying of third-degree burns in a Delhi hospital. Investigations revealed that the in-laws' insistence on dowry had driven the bride to suicide. On the other side of the world, in U.S.A., a woman sued her husband for raping her. Two women, yet how diffrent their reactions. One took every insult heaped on her unflinchingly, uncomplainingly and ultimately gave her life for the sake of 'respectability.' Another woman fought in the floodlight of publicity for a right she believed had been usurped from her.

What is really horrifying about the Indian woman mentioned above is that she is not one, solitary, uneducated woman with suicidal tendencies, but representative of women of all castes and classes. Only last week a case was reported where a doctor, a woman of above average intelligence, holding an enviable job committed suicide. Why did she not break away from her incompatible partner and begin life afresh? Why? Why, unless she was so stricken by the 'Sita Complex' that she wanted to prove that she held her husband's happiness above her own life; that by her death she wanted him to live happily — maybe by taking a second wife.

What can anyone do for a woman like this? What can courts, laws and provisions for alimony do for her?
Not a thing.

That is the tragedy of Indian womanhood. So strong is the influence of Sita that she will sacrifice herself at her husband's merest whim, all in the process of fulfilling her wifely duties. The men alone are not to blame for this tragedy.

ROBIN, Mysore

Yes, there are such Sitas, brainwashed over the years. But there are other women, other deaths. And these are not self-sacriticing Sitas but merely helpless women with no recourse to protection or justice. Indeed, a lot can be done for women such as these — and very definitely the laws and the courts can, and must, help.

2nd PRIZE

INVITATION TO MURDER

The other night I went to the railway station to meet my daughter. The West Coast Express reaches our small station just after midnight. From my daughter's sleeper compartment another young woman, accompanied by a small child, also got down and they were met by a male relative.

The woman was a-glitter with gold jewellery which was noticeable from quite a distance. She had on two or three necklaces, heavy 'jhumkas' in her ears and at least a dozen gold bangles. Decked out in this fashion she had travelled about a thousand kilometres in a sleeper coach! My daughter told me that this girl still had to go three miles to her home, probably by taxi, at midnight.

Gold is fine as an investment, especially if you were shrewd enough to buy it before the price rocketed to the present dizzy heights. But the best place for it is in a bank locker. And yet, there is no need to go unadorned, either. There is such a large variety of inexpensive costume jewellery and it's a lot safer.

PARVATHI MENON, Kerala

These "walking treasure chests" may not deserve mayhem and murder, but they could deserve a good spanking, at the very least! Actually, wearing gold indiscriminately, regardless of time or occasion, must be a sign of some deep-rooted insecurity.

3rd PRIZE

EXPENSIVE FASHIONS

Any middle-class parent knows that keeping abreast of sartorial fashions can burn a deep hole in one's pocket, especially if one has fashion-conscious children — and which child isn't these days! Apart from the exorbitant tailoring charges, the quantity of cloth required for a maxi or a pair of flared trousers will certainly strain any middle-class family's budget, especially if there are several children. To make matters worse, sartorial fashions are very inconstant: new styles find their way in all too frequently and we, for our part, are all too eager to ape them in our anxiety to keep up the Joneses. Mercifully, the era of bell-bottoms and flared trousers is gradually giving way to narrower pants. And perhaps my much-maligned but carefully preserved 'drain-pipe' trousers of yesteryear (which I have outgrown) will now find favour with my fashion-conscious son!

GEORGE N. NETTO, Kerala

No, your 'drain-pipes' will be no good. Your son will want his own 'drain-pipes', tailored "the modern way". And so it will go on. It's no use bemoaning today's fashions and teenagers. Just spend what you can afford — most youngsters do try and understand and adjust.

HOW HIPPOCRATIC?

If a prospective medical student, during a selection interview, states that he wants to become a doctor with the sole aim of serving the suffering humanity, he is most probably a liar and a humbug. It is nice to thrust a mantle of nobility on a medical man, expecting him to dedicate himself to the service of the people and the nation. But, in reality, a person wants to become a doctor because it is a lucrative and respectable profession, and, if in the process, he were also to get an aura of nobility, he would welcome it. There is nothing wrong or objectionable in this.

What is really objectionable is when a doctor indulges in malpractices like performing an unnecessary operation, ganging up with other specialist doctors for mutual references for milching a patient, demanding fees for operating a patient in a Government hospital, etc. It is only then one wonders whether what such a doctor has taken is really a **Hippocratic** oath or a **hypocritic** oath!

C. RAGHUNATHAN, Madras

Today, the common man cringes at the thought of falling ill — he just can't afford to visit a doctor and a stay in the hospital is out of the question even for people earning four-figure salaries. How sad that "the noblest profession" should be responsible for more woes than cures!

AT CIDESCO

I am writing this with reference to your article on the Beauty Page (E.W. Sept. 15) in connection with CIDESCO World Beauty Congress. You have said this Congress was represented by an Indian for the first time in 33 years.

This statement is incorrect, and needs to be rectified in view of the fact that I attended the CIDESCO Conference in Vienna, Austria, on 27th June 1969, and also in August 1972, in New York, and I hold a certificate issued by CIDESCO since 1969.

MRS. S. G. MISTRY, Bombay

The author, Shahnaz Husain, explains there is a difference between "participation" and "representation." She was granted special permission to represent India — for the first time — and wil now start a CIDESCO section in India.

So innocent... So perplexed.

Sanju has just been to the hospital to see his baby brother. He has also decided what he wants to be when he grows up. A doctor.

Now it is up to you. To plan his education in such a way that he will never feel insecure.

So think ahead...Visit your nearest Bank of India branch. There are a number of savings schemes to suit your every requirement.

Come, secure your child's future with India's largest nationalised bank.

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Where service makes the difference.

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READERS' VOICE

Most articles raise a question, a comment or at least a criticism. Write them down and mail them to us!

TRANSFERRING V.D. TO KIDS

In the article, "Superstitions can harm your child", by Chitra Chockalingam (August 4) Dr. Vishwanath and the writer have missed one important aspect of the misconceptions and superstitions that play havoc with society. Children of both sexes and different ages are frequent victims of venereal diseases because of the false belief that a patient suffering from V.D. can get rid of his or her disease by transmitting his or her infection to a child. I have come across many instances of syphilis, gonorrhoea and granuloma inguinale in children. Children working in hotels and restaurants are frequent targets of sodomy. Unscrupulous persons do not spare even very young children. However, very little is done to stop this evil. Society has to take up this serious question and deal with it appropriately. The general tendency is to push the problems of V.D. under the carpet.

DR. M. P. VORA, Bombay

UNDERSTANDING YOUR CAR

In the article "Get the best out of your car" (August 11), Dilip Bam has, in my opinion, mis-stated certain facts, which are as follows:-

1. The footbrake should be pressed without pressing the clutch pedal, so that the engine, linkage and wheel help the braking process. The clutch should be pressed only at the last moment to prevent stalling of the engine.
2. If the car pulls to one side, it does not necessarily mean that the brake linings are to be replaced. This can be corrected in most cases by readjustment of clearance in the brake shoes.
3. For checking the wheel alignment, the car should be pushed straight avoiding any curvature of the wheels.

H. BHATTACHARJEE, Ranchi

PROMISES, PROMISES

Congratulations on all your leading articles in the August 11 issue. The follow-up by your magazine on "Ministerial Promises" should create an awareness among both the ministers and the public that promises should be followed through. Failure or spectacular results on the performance chart should be the guide to voting in the next poll. People must learn to vote in favour of hardworking, honest, and genuine social workers/politicians, who are so few in our country. I hope your magazine will the same job again.

SANDHYA TOMAR, Allahabad

BATTERED CHILDREN

The article on Child Abuse by Meena Javeri (August 11) revealed some appalling facts. To think tht we live in a society where such crimes often take place and we are not aware of it, and even if someone is they do not bother to explain to the parents the possible after-effects on the child. And that our law also does not have any provision for these crimes. To prevent these atrocities on our innocent children, everyone should be guided well in the welfare of the child.

N. RAVI, Bombay

MISSING HOROSCOPE

You have done a great injustice to me by not publishing the regular feature, 'This week for you' by John Naylor in the the Special Issue of August 18. I had been waiting for it since last year, because my birthdate is August 24 and falls in the said period.

JAGDISH SINGH, Lucknow.

NEXT WEEK

ISSUE OF OCTOBER 13, 1979

"HER GOLD AND HER BODY"

Jamila Verghese's forthcoming book, "Her Gold and Her Body", is a welcome first step towards the understanding of the system that permits the killing of women for want of a scooter or a T.V. Exclusive excerpts.

AND NOW ANOTHER ELECTION

What is the coming election going to do for us, the ordinary citizens? Nothing — just nothing, says an irate and voluble housewife.

THE NOT-SO-INNOCENT FAIRY TALES

Those charming fairy tales pass on an imperceptible message. Have you noticed?

BIRTHDAYS ARE GETTING EXPENSIVE

Keeping up with the Joneses (or the Desais, if you will) is catching up with birthdays. And for middle-class families, the expense is more than they can cope with.

Plus all our regular features.

Underrated, if noticed at all, women's contributions to society have nevertheless been considerable. Spotlight on women achievers.

SUCCESSFUL CAREER IN ENGINEERING

SHYAMALA HARVE

Marion Menezes

Mrs. Shyamala Harve has not undergone the rigours of an Engineering College, yet today she is the Managing Director of Mytimasters Engineering Pvt. Ltd., a leading engineering concern. She herself has fully participated in founding and incorporating the company, whose main function is to provide an advanced technological base for the optimum utilization of sophisticated imported plants and machinery in India. This involves technical advice, supply of equipment and regular service support to improve productivity. "Business is in my blood," says Mrs. Harve who comes from a family of industrialists and engineers.

Mrs. Harve has had a varied academic background. A graduate in science from the University of Mysore, she has also excelled in several professional courses in Business Management. With her knowledge of five Indian languages, she has the added advantage of being able to communicate effectively with the company's diverse clientele throughout India. Her knowledge of languages has also been her passport to the understanding of human nature. She says, "As a student of human life, I am at ease with the more difficult part of business today — managing human resources."

An active promoter of human welfare, Mrs. Harve has addressed meetings at the Lions Club, the Y.W.C.A., Nalanda and other social and educational institutions. An eminent public speaker, she has enjoyed being a judge at several inter-collegiate and inter-university speech contests, debates and discussions, particularly for the University of Bombay.

How did she manage to make a success of a profession not many women venture into?

"Women in India have as much scope as men in every field, provided they are competent and maintain that level of competence," was her confident reply. Mrs. Harve has proved her point more than adequately!

Her business travels have taken her all over Europe, where she has visited, and studied the workings of various industries, and attended several International Machine Tools exhibitions.

Though building overseas business ties is part of Mrs. Harve's ambition, yet she wishes to contribute most of her services to this country. "I believe in first establishing myself in my own country, also in diversification and expansion; to be able to directly contribute to the progress of the Indian economy, which is a nation building activity."

Mrs. Harve agreed that her job was very demanding. "Mentally it is very taxing and it demands alertness, control and a readiness to take decisions at any moment," she said. To Mrs. Harve her work is her creed. She herself plans, forms and executes, policies regarding the financial/commercial aspects of the company, the marketing strategies, the selection of personnel and other day to day activities of the organisation since January 1976.

Being a woman in a profession dominated by males did she support women's lib?

"Well the whole women's lib movement has often been misunderstood because, women's lib according to me, should be a matter of the individual upbringing of the female members of our society, doing full and impartial justice to their natural inclinations, talents and capabilities, and to provide them with equal opportunities in every field," she replied. She feels that in practice women's lib has been more abused than used for constructive purposes.

Living only a stone's throw away from her office premises, Mrs. Harve leads a rather quiet and retiring life with her husband and two children. She enjoys swimming and playing badminton with her children and discusses "everything under the sun" with her husband. Naturally there is plenty to discuss, for her husband is the Chairman and Managing Director of the sister concern Mytiwatt Induction Systems Pvt. Ltd. In fact, leading such a full life both at the office and at home Mrs. Harve finds little time to attend gala social functions. "From that point of view, I'm a bit unsociable," she frankly states.

She is a voracious reader and in literary circles, she is well known as a Hindi short story writer. Her writings have been translated into several other Indian languages as well as broadcast over All India Radio. She has also been interviewed on television.

Though so steeped in work and home activity, Mrs. Harve still finds time for social service work. She visits the hutments in Bandra and distributes soaps and articles of clothing, and teaches the hutment residents the elements of sanitation.

Mrs. Harve is a fine example of the emancipated woman in India today. "Mytimasters," she says proudly, "means my team of masters — I am merely the captain!"

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What's new Pussycat?
Abba T-Tops.
T for tremendous
T for terrific
T for tantalizing.

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Yours faithfully,

The Secretary

The dragon outside the door, the extended right hand of her boss, the other woman in the office. Do any of these labels convey the reality of the profession?

Lalogue Postvala

Indian women's entry into the business world was not in the nature of a revolution. It was an evolution — an imperceptible infiltration. In the early thirties, a few women of the forward communities dared; others followed, quietly fitting into available vocations, mainly secretarial.

Preference for this career still continues. Possibly because of choice or lack of opportunities, many urbanites are employed as secretaries, stenographers, and typists.

According to the figures of a prominent statistical service, during the International Year of the Women, about 213,000 women were in the clerical cadre, a major portion in secretarial services. Their number is going up every year. As in other careers, women secretaries, stenographers, and typists have specific advantages and hazards.

The writer interviewed seventy members of this profession. Generally, these women behind their machines spoke frankly about their work.

A secretary is usually a "confidential" staff member. She has been labelled "the dragon outside my door" (George Menezes, "The Times of India" middle), the extended right hand of her boss, the other woman in the office.

SKILLED OCTOPUS

Call her by any name, like an octopus in a swivel chair, with a deceptively cool exterior. Almost simultaneously she tries to take down notes and transcribe them, make out reminders, maintain confidential files, decide what needs immediate attention, vet telephone calls and visitors, prepare coffee, and also swat flies in her executive's cabin.

In her capacity as a sentinel,

Bertha Cabral

Zarine Commissariat

she ensures that her employer is not subjected to unnecessary interruption, irritations and delays, and relieves him of some of his less important work.

This apart, she often acts as a buffer between the manager and the rest of the staff and bears the brunt of a working day's numerous unpleasantries.

All this often require courtesy, with a well-balanced, honest personality and adaptability. It may seem that a secretary has to have so many personal qualities and skills that no one could ever match up to them; but many try.

All the secretaries interviewed were conscious of their official obligations and responsibilities. This does not mean that they were happy in their position. About twenty per cent stated they had no job satisfaction, twenty-two per cent were indifferent, the balance fifty-eight per cent were a contented lot.

ADAPTABILITY ESSENTIAL

A probe into the reasons for satisfaction or otherwise, reveal that this has a direct bearing on the adaptability factor. In this highly personalised service a secretary must be able to adapt herself to any work-situation.

"A secretary has to adjust her work-style to suit her superior," insists Zarine Commissariat (31), personal assistant. She has managed to create a cordial atmosphere with successive bosses.

On the other hand, when Ernie MacLene (60), secretary, retired in July 1979, her comments were, "A life-time of frustration. A service rendered without a pat on the back."

Ernie MacLene stepped into the commercial field in 1934. At that time, a woman was usually considered a decorative piece and entrusted with lighter duties. She could not cope with the changing demands of her job. Her relations with her colleagues deteriorated.

As a one-personnel team, a secretary can build up a good employer-employee relationship through meticulous work and considerate acts. Yet, there is the risk of becoming a scapegoat and getting a setback in the career in the case of disagreement. The boss can make or mar the progress. Eight per cent of the secretaries interviewed admit to having suffered from strained connections.

Sudha Hattiangadi, (38), an executive secretary, once had this experience. She states, "An incompatible boss-secretary relationship is a disaster. In my last job, lack of understanding and destructive criticism undermined my efficiency and confidence. I had to quit."

ALSO A SPRINGBOARD

A confidential staff member, a secretary occupies a peculiar position in the organisation. Neither a recognised member of the management group (in most cases) nor of the general staff, she is in a class by herself.

She manages but is not a manager. She is not a part of the general staff since she is a confidante. Entrusted with the secrets of the company and her boss, her trustworthiness has to be above reproach.

Sudha Hattiangadi

Working in the personnel department, Sarita Desai (28), personal secretary, has access to confidential staff files. With guarded charm and tact she averts awkward queries from colleagues. "A secretary cannot afford to lose her balance on the tight rope," she says.

Today, the secretary's horizon has widened. She is no longer considered a machine to take down shorthand and transcribe it. An able secretary can assume responsibilities, exercise initiative and take managerial decisions confidently — within the prescribed limits of authority. Twenty-six per cent of the secretaries questioned confirm that they independently handle routine matters.

Shireen Bagwadia (45), joined a reputed concern two decades ago as a stenographer. She soon became a secretary and is now a senior officer in the same concern.

Influenced by professional management training, the ambitious younger generation consider this career as a springboard. Of the secretaries interrogated, 32 per cent were in the age group of 23 to 35; of this 18 per cent wanted to graduate above their typewriters.

Are there differences between a secretary and a stenographer? There is a thin demarcating line. Essentially, a stenographer shoulders lower responsibilities and her job is less demanding. The basic skills remain the same.

Several stenographers, 32 per cent of the group, have progressed to secretarial posts. Sudha Hattiangadi in 1972 accepted the job of a stenographer on Rs. 325 p.m. In two years, through sheer hard work she became a secretary, and is now poised for greater tasks.

STENOGRAPHERS AND TYPISTS

The members in this field hold divergent views about their skill — stenography. No where is the adage — one man's meat is another man's poison — more applicable than here. The percentage was equally divided between the two groups interviewed. Twenty per cent specified that they were happy "for the time being."

Neela Ramamurthy

Neela Ramamoorthy (19) and Marlinda D'Souza (24), stenographers in the same organisation, react differently to their jobs. Neela contentedly says, "I've learnt all there is to in the first six months. I mostly type call letters and appointment letters. There's no tension in my job. That suits me for the moment, for it goes with my studies and my home life."

Studying for B.Com., Neela is engaged to an engineer. She points out that the craze for stenography among girls has caught up with the conservative South Indians. In the marriage market a working woman is now preferred.

Marlinda D'Souza finds her work stereotyped without an outlet for her creative thinking. She stresses that every aspirant should take a vocational test to assess her suitability for the chosen career.

Moreover, according to her, in the professional sphere stenographers are considered like poor cousins! And even among them there are distinctions. The currently 'popular' professional management trainees, Marlinda D'Souza feels, consider thinking and planning their speciality and treat stenographers and typists as robots, fit only to transmit their own creative ideas on paper.

Artistic in temperament, she is fond of painting and music. Naturally, for a person to whom music is the poetry of the soul, the typewriter strikes a harsh note.

Typists too are of the same opinion. Among those met, sixty per cent enjoy the routine nature of their work, while others keep fretting at its boredom. Seventy-five per cent complain about eye-strain and fatigue while typing long statements. Nirmala Nayar confessed that lack of proficiency in English thwarted her progress.

Marlinda D'Souza

THERE ARE THORNS

It's not a bed of roses. In many cases there is unfair treatment. Employed in different types of offices, salaries vary widely according to geographic location, type of position and status of employer. Thus service conditions differ.

Some have to work long hours without holidays and some, especially in small private firms (usually one-man shows), have to shoulder a multi-

Continued on Page 23

Taste the good things of nature... put together as only Cadbury can!

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WARM, LIGHT AND LOVELY

For the cold wintry months a triangular shawl for you to crochet in an attractive delicate pattern.

MATERIALS: Raymond's knitting wool "Aruna Special" 4 ply: 11 balls Black, 1 ball Magenta 608 (25 grams each). Crochet hook no. 12.

MEASUREMENTS: 162 cm. x 80 cm. (excluding fringe).

ABBREVIATIONS: ch. = chain; s. s. = slip stitch; tr. = treble; dc. = double crochet; h. tr. = half treble; ch. lp. = chain loop; rep = repeat; tog. = together; sp. = space.

INSTRUCTIONS :

FIRST MOTIF: With Black wool work 7 ch., join with a s. s. to form a ring.

1st round: 5 ch., 1 tr. in the ring (2 ch., 1 tr. in the ring) 10 times, 2 ch., s. s. to 3rd of the 5 ch.

2nd round: 6 ch., 1 tr. in next tr., (3 ch., 1 tr. in the next tr.) 10 times, 3 ch., s. s. to 3rd of 6 ch.

3rd round: * (1 dc., 1 h. tr., 1tr., 1 h. tr., 1 dc.) in next 3 ch. lp. rep. from * end with a s. s. in first dc.

4th round: s. s. till centre tr. of next scallop, * 7 ch., 1 dc. in centre tr. of next scallop, rep. from * end with 7 ch., 1 s. s. into first ch. of first 7 ch. loop.

5th round: * In next 7 ch. loop work (4 dc., 11 ch., 4 dc.) to form corner, into each of next two 7 ch. loop work 4 dc., 3 ch., 4 dc., rep. from * 3 times more, end with a s. s. in first dc., fasten off the wool.

SECOND MOTIF: Work as for first motif till 4th round has been completed.

When working the 5th round join it to the first motif as follows:

5th round: In next 7 ch. loop, work 4 dc., 5 ch., hold the 2 motifs with wrong sides tog., work a dc. in 11 ch. loop of first motif, 5 ch., 4 dc. in same first loop of second motif, * into next loop, work 4 dc., 1 ch., 1 dc. into corresponding 3 ch. lp. of first motif, 1 ch., 4 dc. in same loop of second motif, rep. from * once more then in next loop work 4 dc., 5 ch., 1 dc. in corresponding 11 ch. loop of first motif, 5 ch., 4 dc. in same loop of second motif. Complete remaining sides of second motif as given for the first motif.

Join third motif to second motif as second is joined to first motif.

Similarly join each of the next motifs to the previous one till 11 motifs have been joined in a row. Work 12th motif and join it to the next side of first motif to form a corner, then work the 13th motif, joining one side to 12th motif and next side to second motif. There will

101 different designs to choose from. Super cotton and blended dress materials, shirtings, suitings and sarees.

PASSING THROUGH

JANET POTT

A STUDY OF COLONIAL ARCHITECTURE

"Although records have been made of many of the public buildings erected in India by Europeans since the days of the East India Co., very little has been written about the domestic architecture of the 19th and early 20th centuries," says Mrs. Janet Pott.

Mrs. Pott is a retired British architect, the widow of Anthony Pott who was chief architect to the Ministry of Education in Great Britain. Mrs. Pott herself is extremely interested in housing and had a small practice of her own in England. She also served on the Committee of the Housing Centre which is an advisory body in the U.K.

Mrs. Pott comes often to India. She has a married daughter in Bangalore, and her visits to India and to Bangalore in particular, have awakened in her a very keen interest in the old bungalows of Bangalore. In her recent book "Old Bungalows In Bangalore," she quotes J. Murray, "the Indian bungalow is the one perfect house for all tropical countries." High ceilings wide verandahs and latticing are the answer to our climate, she feels.

It was when the British defeated Tipu Sultan, that they felt a military base in South India was what they needed. Bangalore with its healthy climate and comparative freedom from malarial mosquitoes was just the right place. "It was spaciously laid out, with wide streets, parks, churches in the classical style, and the streets and houses were given nostalgic names — Cambridge Road, Alexandra Street, Burnside, Clovelly, etc." The land was given to the British by the Maharajah of Mysore.

Bangalore which is a big in-

dustrial and commercial centre now, was once a small cantonment town of neatly built houses and lovely gardens. It had a pleasant social life that included garden parties, polo matches and shooting parties.

Mrs. Pott's beautiful book has lovely photographs of some of the old houses in Bangalore with their wide gates, large shady trees, colonnades, porches and balustrades.

In compiling the book she has been helped by her daughter Elizabeth Staley. Mrs. Romola Chatterji, whose father Srirangam Desikacher Sechandri Iyengar owned the old bungalow called "Clovelly", has contributed a chapter full of interesting and nostalgic reminiscences. Detailed measured drawings have been done by John Sambrook.

"As another of my interests is conservation of old buildings," says Mrs. Pott, "you can see how and why I am involved. It has been a great privilege for me to see something of the architectural riches of Hyderabad and Golconda also, and to discuss their conservation with people here who are also deeply concerned about them. My visit to Hyderabad has been short — but a truly happy and rewarding one. I do hope the work of conservation will be accelerated. There are so many beautiful buildings that absolutely must be preserved, and conserved, and the land around them too. In the old days the space in front of a house was often two-thirds of the entire area. Someone once described this as a 'waste of space' — but then there was plenty of space. It was a very spacious world."

Bilkiz Alladin

WARM, LIGHT AND LOVELY

be 10 motifs in this second row and then there will be 9 motifs in the following row and so on, till there will be one motif in last row. Altogether 66 motifs will be joined to form a triangle.

Work half motifs as follows to fill up spaces along the long sides.

FIRST HALF MOTIF:

With Black wool work 7 ch., join with a s. s. to form a ring.

1st row: 5 ch., 1 tr. in the ring, (2 ch., 1 tr. in the ring) 5 times, 6 ch., turn.

2nd row: (Wrong side) 1 tr. in next tr. * 3 ch., 1 tr. in next tr., rep. from * ending with 3 ch., 1 tr. in 3rd. of the 1st ch. of first row, 1 ch., turn.

3rd row: (1 dc., 1 h. tr., 1 tr., 1 h. tr., 1 dc.) in each 3 ch. sp., 7 ch., turn.

4th row: 1 dc. in centre tr. of next scallop * 7 ch., 1 dc. in centre tr. of next scallop, rep. from * at the end instead of a dc. work a s. s. in last dc., turn.

5th row: (Right side) To join to 11th motif (end of first row of motifs).

1 ch., 4 dc. in loop of half motif, 5 ch. hold wrong sides of both motifs tog., 1 dc. in corner loop of 11th motif, 5 ch., 4 dc. in same loop of half motif (4 dc. in next loop of half motif, 1 ch., 1 dc. in next 3 ch. loop on 11th motif, 1 ch., 4 dc. in same loop) twice, 4 dc. in next loop of half motif, 5 ch., 1 dc. in 11 ch. loop on 11th motif, 5 ch., 4 dc. in same loop of half motif * (4 dc., 3 ch., 4 dc.) in next loop of half motif, rep, from * once more, then in last loop work (4 dc., 11 ch., 4 dc.) to form a corner.

SECOND HALF MOTIF:

Work as first half motif and join to next 2 motifs as above. Similarly work and join each half motif along the side till end.

Edging: With right side of work facing, join Black wool to first corner of the last half motif and work as follows:

1st round: * * 1 dc. in centre ch. of 11 ch., loop at corner, * 10 ch., 1 dc. in next 3 ch. loop, 5 ch., 1 dc. in next 3 ch. loop, 10 ch., 1 h. tr. in the dc, joining the 2 corner loops, rep. from * along this edge till last corner (of first motif) then similarly rep. along the next edge ending with a dc. in centre ch. of the 11 ch. loop, then work across the next edge as follows:

5 dc. in the remaining half of the corner loop, 1 dc. in each of next 4 dc., (3 dc. into next sp.) twice, 2 dc. in next sp. (centre of ring), (3 dc. in next sp.) twice, 1 dc. in each of next 4 dc., 5 dc. in first half of corner loop, rep. from * * till end, working a s. s. in first dc.

2nd round: * 10 dc. in next 10 ch. loop, 5 dc. in next 5 ch. loop, 10 dc. in next 10 ch. loop, rep. from * along this edge till end, work 3 dc. in 1 dc. of previous round, on the corner, then work along the next edge as above, till end. Now work along the next (third) edge as follows: 4 ch., miss 1 dc., 1 tr. in next dc. * 1 ch., miss 1 dc., 1 tr. in next dc., rep. from * till end.

3rd round: 1 ch. 1 dc. in next dc., * 3 ch., miss next 3 dc., 1 dc. in next dc., rep. from * along this edge and along the next edge, then work along the third edge as follows: 1 ch., (1 dc., 3 ch., 1 dc.) in each sp. till end, fasten off.

FRINGE: Take 5 lengths of Black wool each measuring 26 cm., fold in half, pass the cut ends through a ch. loop on the edge of shawl, pass the cut ends through the fold and pull to form a knot. Work a similar knot on each loop along the 2 edges, leaving the top edge free. Divide strands of each knot in 2 parts and work another row of knots by taking one part of strands of one knot with one part of strands from next knot. Similarly continue to work knotting alternate parts together.

FLOWERS: With Magenta wool work 6 ch., join with a s. s. to form a ring.

1st round: * (1 dc., 4 ch., 1 dc.) in the ring, rep. from * 4 times more, s. s. to first dc.

2nd round: Work 8 dc. in each 4 ch. loop, s. s. to first dc., fasten off. Similarly work 66 flowers in all. Sew a flower to centre of each motif of the shawl.

Arnavaz Dhondy

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THE MANTLE OF GEORGE WASHINGTON

Swapna Dutta

AUNT Namita had always been one of my favourite aunts. I remember, when I was a youngster of about eight, there was nothing I loved better than going on a visit to her place. It was the best treat I could think of, not merely because she lived in a beautiful house, overlooking the cosiest of gardens, but because she was a delightful person to live with.

To start with, unlike most grown-ups, she did not believe in the dictum that children should be seen and not heard. Nor did she feel that an eight-year-old, who could very well read stories for herself, had no right to ask for an occasional story at bed-time. No, indeed. For Aunt Namita was a born story-teller and, if I may say so, enjoyed telling stories quite as much as I loved hearing them.

I still remember the thrills that I felt down my spine as Aunt Namita recounted "Treasure Island" or brought me face-to-face, so to speak, with "The Gorilla Hunters". I vividly recall the longing I felt for being one of "The Swiss Family Robinson", "The Children of the New Forest", or at least a member of the March family, after listening to Aunt Namita.

But what she loved to tell me most of all were true stories of bravery and loyalty, honesty and sacrifice. And I loved them, too. The fact that they were true, glorified them all the more in my eyes, making me wonder if, given the chance, I couldn't do them just as well! It was, in fact. one of my favourite pastimes, imagining myself in the role of these true-life heroes or heroines and thinking of all that I would then do or say.

It all began after Aunt Namita told me the story of Casabianca. It was not a true story, but I could not help being impressed by the boy who stood on the burning deck. Couldn't I do something equally brave, I wondered. True, there were no "burning decks" to be had, but perhaps I could set fire to Papa's study and wait there heroically for his return! "Darling Swapna, isn't she Casabianca born again!" I could hear my fond father tell his friends.

But how did one set fire to a room, anyway? I sneaked a box of matches out of Mummy's kitchen and tried lighting a fire. And I still remember the throbbing pain of that first blister on my finger! How it ached and burnt! I threw away the box of matches and decided then and there that whatever Casabianca's ideas might have been, getting burnt wasn't my cup of tea!

Soon afterwards, Aunt Namita came to stay for the week-end with us. This time she told me the story of Grace Darling rescuing the ship-wrecked people at the risk of her life. Needless to say, this story too set my imagination ablaze and I promptly saw myself pulling out people from the fish-pond Papa was so fond of. For alas! There was no sea anywhere near the place I lived in. Not even a river, if you come to that!

Only I couldn't quite imagine any one falling into the fish-pond. It was too shallow for one thing. No one ever used it for bathing as it was so full of reeds and water-hyacinths. I wondered if I could possibly push in some of Papa's fishing cronies and then pull them out again.

Considering how absent-minded most of them were, it would not be difficult at all. "You should be proud of your daughter,

IF ANYONE COULD BE SAID TO BE "TEEMING WITH IDEAS" IT WAS AUNT NAMITA. AND THERE WAS NOTHING I LOVED BETTER THAN GOING ON A VISIT TO HER PLACE

Mr. Roy!" I could almost hear the first victim declare, "You know, I had fallen into the pond ... but Swapna was there and she fished me out! She never even thought that she might get drowned herself! Brave girl!"

I could plainly see Papa blushing with pleasure and pride! And then a second thought struck me. Grown-ups had the tiresome habit of asking the most stupid, uncalled for questions. Now, if Papa were to ask him, "But how did you fall in, Mr. so-and-so?" Ah! that woudn't be at all pleasant for me. I sighed. Here was my second dream of becoming a heroine dashed to pieces.

A whole month passed by, leaving me in a state of depression. Then the Easter holidays arrived and Aunt Namita invited me to spend it at her place. I cheered up at once. If anyone could be said to be "teeming with ideas" it was Aunt Namita. She would give me something fresh to think about and no mistake!

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THE MANTLE OF GEORGE WASHINGTON

"You look morose, Swapna," said Aunt Namita looking at me keenly. "Anything the matter?" "N. . .no," I said half-heartedly. "When are you going to tell me a story, Aunt Namita? It's ages since I've heard one."

"You're a big girl now," said Aunt Namita unexpectedly, "Why don't you read the stories yourself?"

"Oh, no!" I cried, "It isn't the same thing at all, and I haven't heard a story for years and years!"

"Fibber!" said Aunt Namita laughing. "Very well, I'll tell you one after tea. It's raining, so you can't go and play in the garden."

Once tea was over, I waited with bated breath while Aunt Namita turned over the pages of her favourite "Book of Golden Deeds".

"Did I tell you the story of George Washington when he was a boy?" asked Aunt Namita looking up from her book.

"No Aunt Namita," I said promptly. "I'd like to hear it."

It was the story of George Washington as a boy, about his honesty and sincerity even at that tender age. The story was about how George Washington had once unknowingly chopped his father's coveted cherry-tree with his new axe. When asked, George had not been afraid to own up, knowing fully well how angry his father would be.

But, no. He was not punished. George Washington had spoken the truth. So his father rewarded him instead. "And George Washington grew up to be a great statesman," concluded Aunt Namita. "One reason for his greatness was that he was never afraid of facing the truth. Yes, TRUTH. So you see, being truthful is one of the most important things in life. And one of the greatest too."

"I suppose so," I agreed. "But then, I guess it wouldn't be difficult to be truthful if one had such a poppet of a father. If, for instance, I were to break one of Papa's fishing rods, I know what I'd get!"

"That's all the more reason why one should be truthful," said Aunt Namita. "No matter what it costs, no matter what punishment you may get. That's what I call being heroic!"

Now this was a new idea to me. Who wanted to get burnt or fish people out of ponds if one could be a heroine just by speaking the truth? But then I was a truthful child, and yet I was by no means a heroine. What, then, did it all mean? I supposed that "telling the truth" meant going out of the way to make confessions. Yes that must be it.

I imagined Mummy's best china lying on the floor in sad, uneven fragments. I could hear Mummy say, "Good heavens! It must be Tabby the cat again!" Then. . . yes, then. . . I could see myself stepping out of the playroom, saying in a tone no less dramatic than George Washington's, "It was not Tabby, Mummy. It was I who broke it!" And then. . . frankly speaking. . . my imagination just refused to work any further! In the first place, Mummy wouldn't think Tabby responsible for the catastrophe. Not by a long chalk!

I could try smashing Grannie's pitcher of Ganges water, I thought. It was something she never allowed any one to touch, therefore it would be all the braver. But then, she too wouldn't think it an accident. No, I thought regretfully. I was just one of those unfortunate ones to whom heroism could never happen.

But I did have an unexpected opportunity of speaking the truth. The very next day. It was one that had dire consequences. That however, comes later.

To come back to my story, it was an unusually sultry day. Aunt Namita had slept badly and was down with one of her headaches. To make matters worse, Uncle Ravi had announced that he had already invited three of his friends to dinner and had forgotten to tell Aunt Namita about it before. Then, as ill luck would have it, the son of Aunt Namita's maid toddled in to announce that his mamma had the fever with "lots and lots of boils all over the body and would not come for a week at least."

"This is the last straw!" said Aunt Namita mopping her forehead.

"May I help you, aunt Namita?" I asked eagerly.

"No, dear just run along to the garden and play. No, wait a minute. Go and play in the drawing room. If any one calls, come and call me."

I ran along to the drawing room, paint-box and paper in hand. I had barely finished sketching the outlines of a teddy-bear when the door bell rang. It was Mrs. Parker from next door. A lady with a long pointed nose who spoke with a funny drawl. I knew that neither Aunt Namita nor Uncle Ravi liked her very much, though I did not quite know why.

"Aunt Namita!" I cried at the top of my voice. "Here's Mrs. Parker from next door to see you."

Mrs. Parker guffawed loudly on hearing my words. "You've got the name wrong, little girl," she said. "I'm Mrs. Ahluwalia and not Mrs. Parker as you said. I don't look English, do I?"

"Oh no!" I said promptly "I think it's because of your nose. At least, Aunt Namita and Uncle Ravi always call you Nosey Parker. So I thought it must be your name."

Mrs. Parker's, (or should I say Mrs. Ahluwalia's?) nose turned a lurid purple while she glared at me. I thought she was still cross about my mistaking her name. I wanted to convince her that the mistake wasn't mine. Just then Aunt Namita came into the room. I pounced upon her at once. "Aunt Namita, you do call her Nosey Parker, don't you? But she says it isn't her name. So you see, grown-ups also make mistakes!"

This time it was Aunt Namita's turn to turn purple. "Don't talk rubbish, child!" she said in a voice sterner than I had ever known. "You're getting very mixed up. I said nothing of the sort." Aunt Namita turned redder than ever, and I guess it was because she was no good at lying.

But now it was my turn to feel hurt. "I'm not making a mistake," I said. "You do call her Nosey Parker. Why, don't you remember when she came to see us the last time? When Uncle Ravi said she was here, you told him 'Oh, bother! Why doesn't that old poke-nose of a Parker keep to herself! Now my evening's quite spoilt!' "

Now both Aunt Namita and Mrs. Ahluwalia blushed like fury. "For heaven's sake, Swapna," cried Aunt Namita, "Get off from here and go to your room! I never knew such a child for making up stories." Then she turned to Mrs. Ahluwalia and said, "You must not mind her, Mrs. Ahluwalia. She's a highly imaginative child and makes up the most absurd stories."

Had I been in my normal frame of mind I'd have just held my tongue and got lost without delay, but the mantle of George Washington was upon me and I knew that I could speak the truth and nothing but the truth. "It's kind of you to say I'm imaginative," I said, "but my English teacher has written in my report, 'Hasn't a speck of imagination.' I wonder why!"

"Clear out!" cried Aunt Namita in a ferocious voice, "this very minute!" I scuttled out of the room like a frightened rabbit and went into the next room. But I could plainly hear the voices. "No need to scold the child," said Mrs. Ahluwalia in a booming voice. "Good day! I'll see to it that I never bother you again."

"Oh no! You mustn't! You really can't," cried Aunt Namita sounding almost hysterical. "The child must have been off her mind. Children are such unpredictable creatures! I never knew Swapna could behave like this. She's such a nice child as a rule." "Don't blame her," said Mrs. Ahluwalia in a righteous voice. "Children merely repeat what they hear from their elders."

"Oh dear!" cried Aunt Namita. "I don't know how I can make you believe me."

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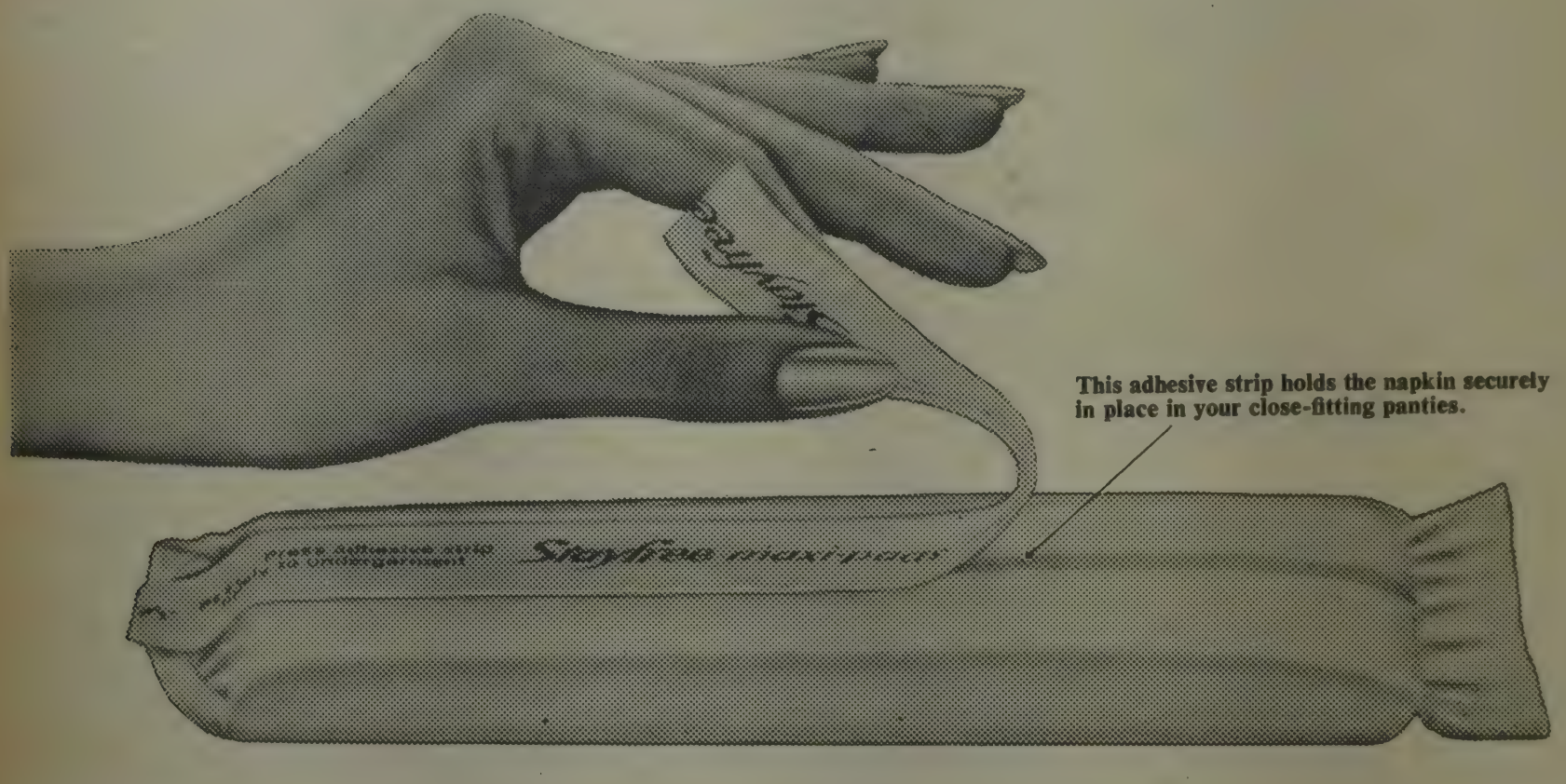

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THE MANTLE OF GEORGE WASHINGTON

I wondered why Aunt Namita was so keen to convince Mrs. Ahluwalia that she hadn't called her Nosey Parker. What did a name matter any way? My friends often called me 'fatty' and I didn't mind! Grown-ups always make a fuss about nothing. And what if Mrs. Ahluwalia never came again? Neither Aunt Namita nor Uncle Ravi liked her particularly. But then Aunt Namita was peaceful by nature. She hated quarrelling with anybody — even Mrs. Ahluwalia!

I got lost in my thoughts for quite some time. When I heard the voices again, they seemed to be talking quite amicably. Aunt Namita was at her sweetest and she was saying a lot of nice things to Mrs. Ahluwalia about Mrs. Ahluwalia. When at last Mrs. Ahluwalia rose to leave, Aunt Namita cut her short with "You can't go without having tea with us."

"If I'm not in the way. . ." began Mrs. Ahluwalia.

"Of course not!" said Aunt Namita emphatically. "I'll just get it ready."

Aunt Namita must have produced all that there was in the house for when I was finally called in for my tea, the table was literally groaning with food. Mrs. Ahluwalia's eyes shone. "This is a gorgeous tea, Mrs. Das Gupta," she said. "By the way, I hope I'm not wasting your time!"

"Not at all," said Aunt Namita. "What work have I in the evenings?"

"Good heavens!" I cried." "Have you forgotten Uncle Ravi's dinner guests? When are you going to cook it if you speak to Mrs. Par. . .erahluwalia all evening."

"For heaven's sake, speak when you're spoken to!" said Aunt Namita. "You're getting far too talkative, Swapna."

I subsided at once and attacked the pudding with gusto. Mrs. Ahluwalia looked uncertain for a while and did the same. "This is super!" she said, smacking her lips. "And the kababs are absolutely delicious.

"Have some sauce," said Aunt Namita and poured a generous portion on the kababs.

"Lovely!" said Mrs. Ahluwalia smacking her lips again. "You made it yourself?"

"Yes," said Aunt Namita.

"Have some, little girl," said Mrs. Ahluwalia handing me the bottle of sauce.

"Oh no, thank you," I said. The mantle of George Washington was still on me. "You see, a huge spider fell into the sauce when Aunt Namita was boiling it. So she said we were not to touch it. She said she'd either throw it away or. . . give it to the beggars!"

There was an ominous silence after my words, while both Aunt Namita and Mrs. Ahluwalia turned white and red in turn. As a matter of fact, I learnt later that Aunt Namita had thrown away the pot of sauce then and there and made a fresh lot the same evening. But how was I to know that? I merely looked from one face to another. That post-script about giving the sauce to a beggar had been my own bright idea, but I didn't see what difference it could have made.

Mrs. Ahluwalia threw the plateful of kababs on the floor and covered her face with her handkerchief. "Good bye" she said and left the room abruptly. This time Aunt Namita did not make any attempt to stop her. She sat down in a crumpled heap.

"How could you, Swapna?" she said more in sorrow than in anger.

"What have I done, Aunt Namita?" I cried, sorry to see her so upset! "I was merely trying to speak the truth. To be like George Washington, you know. You said it was the greatest thing in life!"

"Don't rub it in," said Aunt Namita. "And anyway it was not true either. That sauce, for instance. . . oh! How could you?"

"I'm sorry," I said feeling smaller than a cockroach. "I'm awfully sorry."

"I guess it was partly my fault," said Aunt Namita. And she never told me another story in her life!

Yours faithfully,

The Secretary

Continued from Page 13

tude of duties from despatch clerk, accountant to typist. A few have to sign vouchers for more than what they are paid. Others have to work in unhygienic conditions. In one charitable organisation, the employees have a bucket for their basin and rely on their neighbours' generosity for toilet facilities.

Pushpa Kirpalani (26), stenographer, has been filling in vacancies of temporary stenographers for the last four year. In one such firm she observed that a large percentage of the employees were kept in the temporary category to avoid paying them better emoluments.

Sarla Patel (27) did not have an easy official life. Having "no feelings for shorthand," in 1977 she accepted an assignment in a Travel Agency as office assistant-cum-typist on a monthly salary of Rs. 350. She soon realised that her position was that of an omnibus office superintendent. Her office life became more unbearable when she spurned the advances of her superior. Finally, she decided that self-employment was the best for her. She takes on job-typewriting at her residence.

WIDE DISPARITY

Bertha Cabral (40), handicapped from birth because of undeveloped lower limbs had difficulty in finding employment. In 1954 she accepted a stenographer's job on Rs. 50 p.m. in a small private concern. Today still a stenographer, she is drawing Rs. 1600 plus overtime in a large engineering firm.

Emily G. Swami (38), secretary, started on Rs. 500 p.m. in a premier nursing home ten years ago. Her present salary is Rs 750 p.m. while her counterpart with comparable duties in a multinational unit, even in the early stages of her career draws over Rs. 1500.

In this table-and-chair profession there is a wide disparity of scales. Much depends upon the size of the organisation.

Generally, executive secretaries as management group members form an exclusive class. Personal secretaries/personal assistants, secretaries, stenographers and typists follow in that order in the official hierarchy. Various perquisites, such as subsidised lunch, transport, etc. are enjoyed by a few of the privileged ones. This has naturally led to dissatisfaction among the group.

Another question facing the secretarial services is whether the introduction of various modern devices like the computer, recording systems, photocopy machines, will jeopardize their future prospects. Many seem to think that there is no such danger since the secretary has proved herself indispensible. As Phil White, personal secretary, says "The computer may save time, but it is the secretary who can manage the boss's time as well as her own. A computer cannot stave off unwelcome phone calls nor unwanted callers."

In fact, some of these devices like xeroxing will save a lot of drudgery for stenographers and typists, but will not displace them.

CREDIBILITY

When an employer and an employee work in close contact for several hours of the day, their relationship is likely to be misconstrued. Instances of a woman exploiting the situation for material gains and a manager taking advantage of a subordinate's position cannot be ruled out. Yet a sincere appraisal reveals that this has been grossly exaggerated.

It takes two hands to clap. Women very early in their career learn to fight private battles and evolve individual codes of adjustment.

Secretaries too, taking advantage of various management training courses, are striving to acquire a professional image. The National Institute of Personal Secretaries (NIPS) established in 1971, helps them in their task. Lectures and seminars on management subjects are organised by NIPS.

One of of the beneficial features of this career line is that even in these days of competitive Job markets, it offers employment opportunities. With minimum qualifications, short economical training in basic skills, any person, old or young, can join this service. It suits various temperaments. The career oriented persons can work their way up; those who like repetitive tasks also find a place. And above all, this service has enabled women to enter the business area and become productive members of society.

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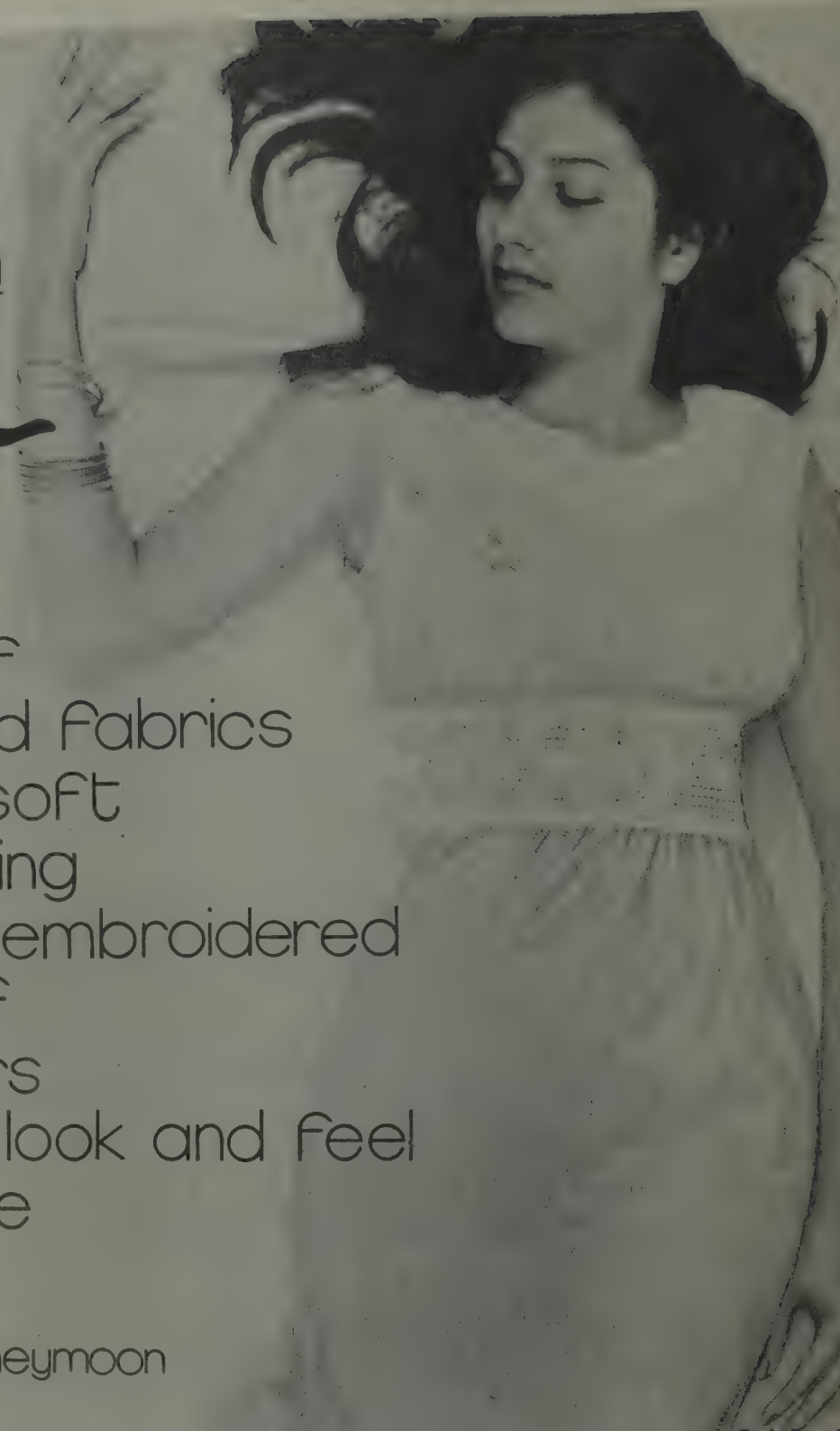

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FERREIRA ASSOCIATES SC-1

ARE YOU MARRIED AND CARED FOR AND LOVED?

Preeth I. Bidappa

WHAT ON EARTH ARE CONJUGAL RIGHTS? RECOGNIZED BY LAW, THESE RIGHTS EMBRACE CARE FOR THE BODY AND SOUL BY HUSBAND AND WIFE ON A RECIPROCAL BASIS

If you are married, cared for and loved, you are in the enviable position of having your conjugal rights fulfilled. Although the law is very definite about assuring spouses access to their conjugal rights, it does not specifically define what these rights are. Undoubtedly it assumes that any woman or man who gets married, knows what marriage is all about. Sadly, in this land of child marriages, arranged marriages, marriages of convenience and even love marriages, few realise that conjugal rights are enforceable by coercive measures, be it subtle pressures, or outright compulsion.

Conjugal rights, or rights of marriage among a husband and wife, embrace care for the body and soul on a reciprocal basis. Care for the body comprises catering to the physical requirements of sex, cohabitation, food, clothing and shelter. While satisfying the first two needs are considered all important, other needs sometimes receive insufficient attention.

Care for the soul is provided for by conjugal kindness, which is recognised by the law as a conjugal right essential to conjugal harmony, but is often the most ignored right. Few Indian wives protest against the lack of conjugal kindness. Most suffer silently, like Devi, an intelligent girl who used to be fun-loving before marriage. Unfortunately Devi's husband prevents her from leaving the house and child. Unappreciated and without any creative outlet, she feels frustrated. She wishes her husband were kinder and more understanding; but knows she is in a cage from which there is little escape, as she is unprepared to fight for conjugal kindness.

If you are a Christian, Parsi, or Hindu, (Hindu here includes Buddhists, Sikhs and Jains), or your marriage has been registered under the Special Marriage Act of 1954, and any of your conjugal rights are withheld without reasonable cause by your husband, you can petition for a decree for restitution of conjugal rights — ask the court to direct your erring husband to restore your rights.

The court decides what constitutes "reasonable excuse" after taking into account your conduct and that of your husband's during the marriage. Further, the court judges whether you deserve the relief you seek, and whether such a relief is not unreasonable to your husband. While Muslim personal laws permit Muslim husbands to petition for restitution of conjugal rights, as a Muslim wife you are not entitled to such a recourse.

The strictness of Muslim law is tragically evident in Sujatha's shattered life. A pretty Hindu girl, Sujatha fell in love and married Kasim, a wealthy Muslim merchant. Later, Kasim was persuaded by his indignant mother to take advantage of Muslim law and marry again. Kasim took Salma, his mother's choice, as his second wife. Alone and miserable, Sujatha has to endure mental torment which the law is unable to halt as she is governed by Muslim law.

While law has to be interpreted in the context of the social background it governs, "law must progress or it must perish in the esteem of man." The breakdown of archaic traditions no longer necessitates the enforcement of outmoded customs. However, much depends on judges. The need for judges unprejudiced by custom and tradition which often blind the path to social justice, cannot be over emphasised, for "impartial judges perform a creative function even in interpretation," says Justice Krishna Iyer.

It is now well established that rights of both husband and wife are mutual. Without conjugal kindness, the conjugal rights to sex, cohabitation, food, clothing, and shelter become meaningless. In India, with its traditions of the joint family, the conjugal rights of the wife are relegated to the background by dominating in-laws. The physical presence of relatives and lack of privacy sometimes cause enough friction to disrupt marital harmony and rob spouses of their marital rights.

Recently, Dr. Mithlesh Kumari Sharma, petitioned for divorce against her husband Mr. Gopal Krishnan Sharma, on charges of desertion and cruelty. She complained about ill-treatment by her mother-in-law also mentioning that her husband did not intervene. His Lordship, Mr. Justice Gopinath however pointed out that the husband tried to keep himself away from any controversy, bearing in mind his family tradition and his duties toward his mother. The learned judge ruled that the "institution of matrimony under Hindu Law is sacrosanct — and not a mere socio-legal contract. The content is religious." Hence the Allahabad High Court held that the trial court's rejection of Dr. Mithlesh Kumari's application for divorce was valid.

As against this and similar Indian decisions, English rulings have been more understanding of a wife's plight. Silent condonation of a wife's humiliation can aid and abet the cruelty inflicted. In this sense, the husband can be said to be guilty of cruelty.

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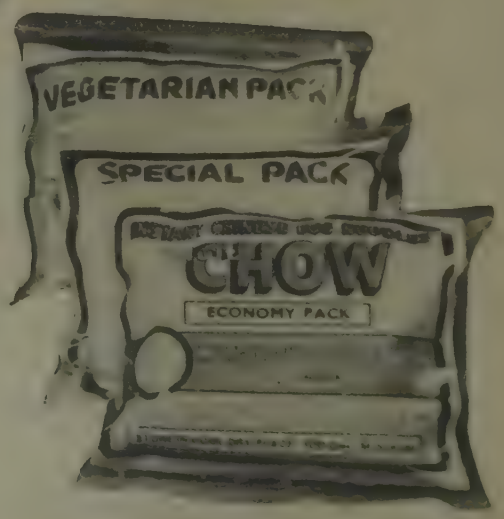

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THOR/79

ARE YOU MARRIED, AND CARED FOR AND LOVED?

In the case of Munro vs. Munro, the husband and wife lived together in a flat in a villa belonging to the husband's mother. The mother-in-law was dominating, and the husband unemployed but addicted to drink. The wife left the husband but was agreeable to make a home for him, provided it did not involve living with her mother-in-law. When the husband refused to live away from his mother, the wife petitioned for restitution of her conjugal rights. The court directed the husband to render her conjugal rights in a separate residence. It ruled that the husband had failed in his duty to provide a proper house for the wife, and therefore could be held guilty of wilful neglect to maintain her.

Mental cruelty is considered in law sufficient reason for a wife to withdraw conjugal rights from a guilty husband. A plea for restitution by the husband will therefore not be accepted if his wife apprehends being tyrannised, subjected to constant insults and false allegations of adulterous conduct, as such mental torture is worse than physical violence.

Renu suddenly left her husband without explanation. When asked why, she replied that her husband's constant ridicule was demeaning, and that she had no intention of making herself suffer further.

Physical violence, causing "reasonable apprehension of danger to life limb and health," is also recognised by law as cruelty. However in India, rape of a wife by her husband — the most serious form of physical abuse — is not defined in the Indian Marriage and Divorce Acts. The rape of a wife is not considered cruelty. Rape is an offence under Section 376 of the Indian Penal Code, and is defined by Section 375 of the same Act. A man is said to have committed rape if he "has sexual intercourse with a woman against her will, without her consent, with her consent when her consent has been obtained by putting her in fear of death or of hurt. . ." The explanation to the section clarifies that sexual intercourse by a man with his own wife is not rape, provided the wife is not below fifteen years of age. Hence in India, a wife cannot complain of rape against her husband.

A noted criminal lawyer was amused even to have to consider whether rape could be committed by a husband against his wife. Marriage, he declared, denied such a possibility. It would seem that marriage encompasses the willingness to have sex whenever called upon to have it. However, as rape is committed against a woman without her consent, the definition of rape should be enlarged to protect wives from compulsion in sex. Many wives subject themselves to the humiliation merely because there is no legal recourse. The lacuna in the definition of rape needs to be rectified.

Advanced laws in Oregon, U.S.A., now have eliminated the old defence of marriage against the offence of rape of one's own wife. The trial of John Rideout, accused of rape against his wife Greta Rideout, recently caused a sensation. The jury however acquitted him as they found it difficult to verify his guilt beyond reasonable doubt. Despite the verdict, Noreen Connell, of the National Organisation for Women stated that the "very fact that there has been such a case is enough precedent to allow hitherto hesitant married women to seek legal remedy if they are sexually assaulted."

The standard, but demanding, legal yardstick, of proving guilt beyond reasonable doubt in sordid matrimonial wrangles, is undoubtedly the obstacle to protection of wives in India from rape, by adequate legal deterrants.

Resorting to a petition for restitution of conjugal rights is anathema to the modern view that sex and cohabitation should be purely involuntary. For, implicit in the very concept of restitution of conjugal rights is compulsion by the court, which coerces the husband or wife to return to the other's company. Whether a petition for restitution served any useful purpose in the days when divorce was difficult and unthinkable, is debatable, but today such petitions are relatively rare.

It should be obvious that if your husband refused to comply with a decree for restitution, you have adequate grounds to obtain relief from such an impasse by a suit for divorce. Shockingly, only if you are a Hindu or Parsi can you easily avail of this matrimonial relief. While Christian husbands can sue for adultery, as a Christian wife you will have to prove desertion and cruelty as well. This often results in "consenting adultery" as in the case of Christine and David. After a few years of marriage, Christine testified that David was guilty of adultery with Carol, her best friend, and had deserted her. David agreed to it though it was untrue, as both did not wish to remain married to each other any more.

If you are a Muslim wife, you do not have the right to divorce except in rare circumstances, nor can you remarry. The only relief available to you lies in Section 125 of the Criminal Procedure Code, whereby all Indian wives, divorced or separated, can claim maintenance "in the whole not exceeding Rs. 500 per month."

In a recent illuminating decision, Justice Krishna Iyer of the Supreme Court (AIR 1978 Kaushal vs. Kaushal) clarified that Rs. 500 "in the whole," meant in totality of a wife's needs, taking all items of maintenance put together, and not all members of the family put together. Therefore each claimant (in this case, the wife and two children) was entitled to a separate maintenance of up to Rs. 500. Stating that mere divorce does not end a wife's right to maintenance, the learned judge pronounced the existence of "the obligation upon a person who neglects to maintain his wife and children."

Chastity is the price of maintenance of a separated or divorced woman. Should she remarry or live with a man other than her former husband, she forfeits this right to maintenance. For a woman to claim maintenance from her husband, she must be his "legally wedded wife." This view was held by Justice P. S. Shah and Justice M. P. Kanade of the Bombay High Court, when conflicting arguments arose before them, as to what is a wife. (April 9 1979, Times of India)

Bajirao Tambare, married Tolanbai Tonge in 1966 though at that time there was in subsistence his first marriage to Dwarkabai whom he had married in 1961. In 1975, Tolanbai asked for maintenance under Section 125 of the Criminal Procedure Code. It was held in the High Court that since Tolanbai married Bajirao during the life time of his first wife, her marriage was null and void under the Hindu Marriage Act. She could not claim therefore to be a "legally wedded wife" as in the eyes of the law there was no marriage at all. On behalf of Tolanbai, the term "wife" was construed according to Justice Kania's judgement, (79 Bomb L. R. 73), where it was held that the words "husband and wife" in Section 25 of the Hindu Marriage Act include a woman and man professing the Hindu faith who have gone through a ceremony of marriage which confer on them the status of husband and wife.

However, the learned judges felt that Justice Kania's view would have no bearing on the meaning of the word "wife" under Section 125. Confining themselves to the narrow scope of the Criminal Procedure Code, the judges declared poor Tolanbai disentitled to maintenance. A more liberal interpretation of the term 'wife', and a harsher view of the husband's bigamous conduct would have been more humane. To live from 1966 to 1975 as a man's wife only to find destitution staring one in the face is hardly a deserved fate. While the law allows illegitimate children to claim maintenance from a father, his mistresses are not covered.

In almost similar circumstances, in Los Angeles, actor Lee Marvin is being sued by his former girl friend, Michelle Triola, who lived with him for six years. In December 1976, the California State Supreme Court decided that Michelle did have the right to sue, denoting radically changed social mores in regard to cohabitation. At the trial, Mithchelson, Triola's lawyer, who "aims to make it as

Continued on page 78

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LIBRARIES WITHOUT BOOKS

Janaki Krishnamoorthi

TOO MUCH 'TEACHING' AND TOO LITTLE 'LEARNING' IN SCHOOLS RESULT IN INDIFFERENT STUDENTS WHO IGNORE THE EXISTENCE OF A LIBRARY

Today there are students leaving schools and colleges who will probably never open a book for reading. Their employment may not require them to do so, and when their work is finished they will find so many ready-made avenues of entertainment that they will rarely need to seek the company of books. Part of the reason for this negative attitude towards books lies in our seeming inability to acquaint an individual with the pleasures of reading right from his or her childhood.

While a child is exposed to all sorts of cultural and sports activities, he is seldom placed in contact with books of fiction and general knowledge of other books of interest. All he is asked to read is text-books, text-books and text-books and by the time he recognizes the existence of other books he has either developed an aversion towards reading books or lost all taste for it. Who is to be held responsible for this?

"You cannot blame anyone in particular. The defect lies in our attitude towards education anc in our educational system. There is too much 'teaching' and too little 'learning' in our schools. As a result of this the students have little motivation or time for visiting a library. Nor does the teaching staff bother about it, because they are already overloaded with work. If this is the condition even in higher classes, who cares for the primary school libraries?" asked the Principal of a school in Bombay.

Quite a few schools in Bombay do have a few hundred books stacked for primary children in their libraries. Macdonald and Lady Bird series appear to be very common. These books narrate, with colourful pictures, incidents from daily life — like a family having breakfast or a child brushing his teeth and so on. These books, according to Mrs. D'Lima of St. Xavier's Boys School, help their children to identify and understand their circumstances better.

Then there are series of books dealing with a particular subject like different kinds of birds, different kinds of fish, etc. For instance, a book entitled "The Nose Book" would deal with different kinds of noses and beaks, thus acquainting the child with different kinds of birds and animals. Among the books of fiction, Enid Blyton and Fables of Fun and Fancy appear to be popular. Some schools even have an Encyclopaedia for the children. But a mere collection of books in a room, with a few chairs and tables, does not induce the students to read.

Some schools have attempted to solve this problem by conducting a library class. J. B. Petit School for Girls has an excellent system. Children from the Upper K.G. onwards have a

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J. B. Petit School, Bombay, allows children to take library books home, a practice discouraged by most schools.

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LIBRARIES WITHOUT BOOKS

library class once a week, when the class teacher brings the kids to the library. Here the girls are allowed to choose their own books either for taking home or for reading in the library itself. There are three librarians and one class teacher who guide the girls. They also follow up the girls' reading by questioning or by asking them to narrate the story. Besides they also have class-room libraries which are utilised during the absence of a teacher or after the completion of class work.

According to Mrs. Shakuntala Ambanaval, one of the librarians in the school, the credit for this library system should go to Miss Shirin F. Darasha, the Principal who is deeply interested in inculcating reading habits in the children.

There are many persons like Miss Darasha who have a strong belief in the educational importance of a library at the primary level, but all are not able to put their ideas into practice due to various limitations. The schools which cater mainly to middle and lower middle class children, unlike J.B. Petit, have the problem of insufficient funds, lack of space, insufficient staff, etc. which prevent them from improving their libraries. Donations in the form of old books from various institutions individuals appear to be very rare, particularly with regard to primary books.

In these schools, the library is found in a small room with a few hundred books around the walls, seats for a few readers, and is presided over by a librarian whose main task is to keep order over a reluctant group of students who are there not as individuals but as captive groups. The atmosphere is more of the class-room than a library. One of the schools had tried in the past to conduct library classes in a library atmosphere but found the boys only talking and not reading. Books in these schools are not allowed to be taken home. It is feared that the children would either damage them or lose them.

"This is where the parents can assist us," said Fr. Alban D'Mello, Principal, Campion School. He feels that the parents also have an important role to play in this, particularly in teaching the children to handle the books carefully and in reading to them stories from books. Campion School often bring the parents together at seminars and lectures which, according to Fr. D'Mello, has helped him and his students.

Do parents really participate in creating the reading habit among their children? It appears that most of the parents are handicapped by their own ignorance as they are not aware of the importance of reading books other than the text-books. In fact, in some of the homes, books of fiction are banned as the father or the mother feels it is waste of time. Others who are aware of its significance have neither the time nor the money to spare. It appears that only a few upper strata children enjoy the privilege of good books and their parents' help at home.

Municipal school teachers are the worst sufferers in this matter. Here the children are all from economically backward classes, whose parents are completely occupied with earning their daily bread. "They are not the least bothered about their children's education, leave alone their reading habits. In fact, some students do not attend classes for days together because they are wanted at home to help their families," said a deputy headmistress in one of the Municipal schools in the suburbs.

In all the Municipal schools which impart education in ten different Indian languages including English, primary education is free. The Corporation is incurring a lot of expenditure as it also supplies text-books, slates, etc. free to the students. Naturally one cannot expect the Muncipality to bother about a library for the children, which will have little or no meaning to them. Still, the Corporation does send a few books once in a while and the teachers sometimes allow the children to have the feel of the books in the class itself. No books are issued out as they are not expected to be returned.

On the vernacular side, more than 90 per cent of the schools in Bombay do not have a library worth mentioning for the children. Tilak Vidyalaya, from where the students normally top the S.S.C. merit list, does not possess a library as such for the primary class. Their primary-in-charge, Mrs. Sule, feels that the children are inclined more towards listening than reading, probably because they have been more habituated to listening than reading.

Balmohan Vidyapeet at Dadar and SHPT School under the management of SNDT are among the few who have a good library.

Mr. Naidu, Deputy Librarian, SNDT University, feels that most of the primary school libraries do not meet the needs of an individual child, and this according to him is due to lack of professionally qualified librarians. "Even the schools which do possess good librarians do not really utilise them as most of their time is spent in the clerical aspect of the job," said Mr. Naidu. This has been found true to a considerable extent. Most of the librarians are only part-time employees. Those employed on full-time are used for clerical and other administrative work also. Young, professionally qualified librarians enter their profession with stars in their eyes and find they are licked before they begin.

Another problem faced by these libraries is the dearth of good quality childrens' books among Indian publications. Most of the schools prefer to use foreign publications like the Macdonald Series, Ladybird Series; they are not only more colourful and attractive due to their pictures but also because they create a more personalised feeling.

Indian publications are mostly without pictures except for a few like Amar Chitra Katha of India Book House. "They deal in subjects like great personalities, fairy tales with morals which does not really appeal to the children. They prefer something adventurous and exciting like Enid Blyton," said Mrs. Fernandes of Don-Bosco which incidentally, has a separate library for the primary.

Mrs. Fernandes finds it next to impossible to make the boys read Indian books. "The minute you ask them to read something from which they have to learn something they tend to shrink away from the book," added Mrs. Fernandes. May be this is an indirect protest against "too much teaching."

Hindi books in English Medium schools do not attract many readers. A real problem for our patriots! Also periodicals do not appear to be playing any significant role in our libraries.

While pondering over all these we might as well have a look abroad where the library is taking a modern concept. The traditional view that a library means only books is changing and it is being widened with various other carriers of knowledge like audio-visuals, records, models, charts, displays, etc.

The introduction of some of these in our children's libraries would definitely be an added attraction. But it appears we have a long way to go!

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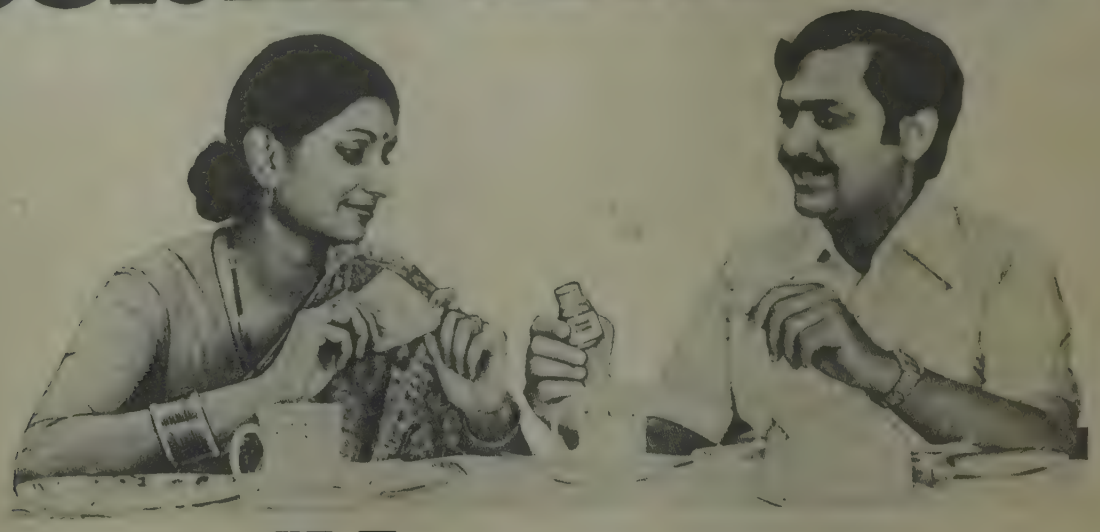

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by Don Tobin

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K. Talukdar

SO SAID THE DOCTOR. AND PROCEEDED TO MAKE THE ORDEAL AS TENSE AND PAINFUL AS POSSIBLE. THE NURSE'S ONLY REACTION, AFTER THE DEED WAS DONE, WAS, "HURRY UP AND GET OFF. YOU ARE CRUMPLING THE BED."

"Early Abortion Rs. 45," said the board hanging prominently behind the receptionist's desk. That is the category I fall into, thought I, heaving a sigh of relief. The Government's fertility control programme was good indeed for women with unwanted pregnancies.

The receptionist was polite, and informed me, "The doctor is expected any moment. Please sit down." Looking up at the board, I saw the doctor was on duty every day from 5-7 p.m. It was already 6.15 p.m. I had been waiting for 1¼ hours.

It was all right for me. Many of the psychological fears of being discovered were not hanging over me, for I was married. But it was still hard. Harder perhaps for the young girl sitting next to me who was visibly pregnant, anxious and obviously unmarried.

Thoughts and ideas flitted through my mind — this unborn baby I was planning to destroy, gratitude to the Government's policy for making this option available to women, the depressing atmosphere (perhaps because there was a power cut), and anger at a doctor who, although scheduled to arrive at 5 p.m. was still not present at 6.30!

A flurry of activity, and a man rushed into the waiting room and guided me to the doctor who had arrived.

The room was a long corridor partitioned on one side by a stretch of sarees, behind which there were beds. He was sitting at the end of the room and barked out a few questions. Told me I could have it done immediately or come back later.

"Are you married or single?" he asked.

Some perversity in my nature made me answer 'single.' There was no visible reaction, but he told me it would cost Rs. 300. This was over five times the stipulated charge! I was angry but there was nothing I could do. This place was apparently the only suction clinic available. "Okay," I said, and asked for a definite appointment.

"Tomorrow at 11.00 a.m."

"Is it 11.00 a.m. sharp?" I asked. "I don't want to wait here again."

"Okay, make it 11.15 then," said the doctor.

Next day 11.15

The doctor had not yet arrived. "I am expecting him any moment," the receptionist said once again. I sat down and clutched the rose I had brought to give me solace. There were no other patients today. Curious visitors or passers-by gave me an odd stare as if they wanted to relive the happening which had brought me here. I gave them a hard-boiled stare. It was the only way.

He arrived at 12.00 No apologies. Came into the room and said mechanically, "How many months have you missed?" Then he looked down at me sitting, and remembered me. "Oh! It is you." Called a nurse and asked her to lead me away and prepare me.

The woman grabbed my hand and pushed me to a toilet. Then to a room with a bed. She asked me to take my undies off and leave them on the bed. My bag was used as a pillow. Before lying down I noticed wet patches on the rubber sheet and asked her to wipe the sheet. She gave me a dirty look but obeyed. I lay down and waited.

The doctor breezed into the room and spread my legs apart and placed them on stirrups on either side of the bed. After cleaning his hands and me, he said "Relax, and it will not hurt." Just as I began to relax, five men trooped into the room. I was horrified, anxious, nervous, embarrassed and felt like a guinea-pig. They were perhaps trainees but did not act the part. They behaved like curious onlookers. more interested in chatting to each other and looking at this "fallen woman." A sense of oppression filled me. The room seemed to exude their value judgements.

All this made me tense and keyed up once again. I wished I had been warned or even consulted. I was paying for it after all. It was a private moment and one of grief.

Something was eased into me and it was painful. I had expected it to hurt but not that much. A machine was switched on and it was as if something was being pulled out and torn away from me. Then I remembered. It was not 'as if.' It was. It was being pulled and torn away from me — my baby.

I wished my husband was there with me, wished those wretched ayahs/nurses were a bit more human. Even cries of agony and pain were not enough to wring one soft word from them.

A hand to hold would have helped I thought. Some human, physical contact. But an inner pride kept me from asking for it. But then nothing else mattered any more. "Please, may I have a hand to hold?" I murmured. The doctor had to order one of the nurses to lend me her hand. An unfeeling, limp hand was put within my reach. Was it true then that there is no bond between women and they cannot feel the misfortunes of their sex?

By 12.15 it was over. Everyone trooped out of the room. A minute later one of the ayahs came back to order me off the bed. I pleaded with her and said I was in pain. "Can I not lie here for five minutes more?" There was no sympathy or humanity in the eyes, voice or reaction. "You are crumpling the bed. Hurry up and get off," she said.

That was too much for me. I used all my energy and told her that it was her job to make the bed, and if she wanted me off it she had better get the doctor to come and tell me so.

This threw her slightly off balance. She picked my legs from the stirrup and plonked them on the bed and with a look of disdain said, "At least cover yourself." She pulled me by my arms to push me higher on the bed and straightened out the bed while I was still lying on it. I shouted at her and she went out of the room.

For a few moments I was left alone with my thoughts and this pain. Never. Never. Never again, I promised myself.

She came in once again. "Doctor is calling you," she said sullenly, grabbed my arm and pushed me along. I tried to shake her off for she was pulling me along at a greater pace than I could stand. She got angry and shouted, "Let me hold you."

Finally we arrived at the doctor's desk in the corridor once again. Filled in some forms. He gave me a prescription and then said, "That will be 330 rupees." I expressed surprise that it was so much, even 30 rupees more than last evening. "It was more difficult than I expected," came the curt reply. I did not have enough spirit to challenge him or even the presence of mind to ask for a receipt. I just paid him and walked away quietly and slowly, noticing another young woman being ushered towards the doctor's desk.

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TRUE CONFESSION

I THINK I'M GOING CRAZY

I remember the night I clung to my husband, possessed by some intangible fear. The wind wailed outside and we had barred our windows against it. But I could not shut out the irrational fear that something was amiss.

People speak of the calm before the storm. I believe that the deepest ecstasy is just before the axe falls. I had been exuberantly happy and this joy sparked off a vague disquiet. I had a strong sense of premonition which had always warned me in past years. Was it warning me now?

"What is it, Anita?" he asked me, as I sat up in bed and shivered. "Are you cold?"

"No, no. I have a curious prickling sensation down my spine." I switched on the light. "Come on, Anita," Harish said. "Switch off the light and try to sleep. I have to go to work tomorrow." I swung on him as if he had slapped me.

"Work! Yes, I meant to tell you. Don't go to work tomorrow"

"Why?"

"I don't know. It is just a feeling."

"You and your feelings!" he laughed.

It was a joke with my family. My premonitions tickled them immensely. Whenever we set out on a journey, they laughed at the black thread I tied on everyone's wrist.

"I **have** to go to work. There's an important meeting which can't be postponed. But I will make a concession. I will permit you to tie a black thread round my wrist."

I was angry. "Don't make fun of me. Because you treat me lightly, the children too ignore me," I said.

"I'm sorry Anita, but you invite ridicule with your odd quirks. I can't help it if the kids are down to earth like me."

Yes. Anu and Ronu were like him, not only in character traits but also in looks. The same wide mouth, the cleft chin and far set eyes. Sometimes he would look at them and say: "I wish to God they were like you Anita, with that sculpturesque beauty you have inherited from your mother, the ivory complexion, the grey eyes and shell pink lips."

"Don't!" I would cry. "Beautiful women are rarely happy. I want my Anu and Ronu to be happy, not beautiful."

"What an odd thought!" he said. "Does that mean you are not happy with me?"

"Of course I am!" I said sharply. "How you twist my words! I was not thinking of myself. Only of my mother."

He pressed my hand affectionately. "I was only joking. I know you were thinking of her. I know you are intensely happy. I can sense it in the way you sing at your household chores, the smile with which you welcome me home every evening, and. . ."

"Enough," I said, blushing furiously. "No need to go into details." We had been married for only a few months when I became pregnant. In fact, within just two years of marriage both Anu and Ronu had been born. Now it was eight years but our marriage still had the freshness and warmth of its first flush.

What a contrast my mother's life had been! When she got married, people said she had bagged the most eligible catch in the marriage market — the richest, handsomest guy going around. The money soon disappeared, written off as colossal losses in their family business. One child was crippled by polio, a son died in a scooter accident, and the "eligible catch," my dear father, became a ghost-like figure, a shadow of his former self, forever in and out of mental institutions.

How my mother survived the turmoil of those days I do not know. My polio stricken sister and I were her bulwarks in those days, as we did the household chores, attended college and soothed her with tranquillisers. My sister and I had both inherited mother's looks, but because of her shrunken leg, my sister Vinita did not get any suitors when she came of age. She was two years older than me and normally she had to marry first. My mother tried desperately to get her settled, but knowing her disability, parents of eligible boys shied off even before the preliminary talks began. Father's mental condition was another stigma.

We were both getting on in years. Mother was tired and depressed. The money I brought in with my job in the architect's office was hardly enough for us to pull along, let alone give a dowry. Vinita was not sent out to work by mother because being a cripple she found it difficult to make her way in the crowded city traffic. She stayed at home to help mother with the household chores at which she was much more competent than me.

It was about this time that I met Harish. He was a well-to-do contractor who had come into the architect's office to get some plans made for some buildings he was constructing. I will not say that I was attracted to him at first sight, but he was

definitely attracted to me. He began coming in more and more often, even when he didn't want any plans made.

One day, he asked me out to lunch with him. I hedged and made an excuse but he would not be put off. He had this commanding manner which would not brook a denial. We spent many evenings together thereafter. I loosened up a bit from the tightly introverted girl I had become. Maybe his frankness and laughter thawed me. I had forgotten there was another and happier world outside the confines of my dreary home.

He enquired about my family. I told him what had happened and he was most sympathetic, wanting to come home and meet my mother and sister.

"Don't," I said sharply.

"Why not?" he asked.

"Because I haven't told them about you," I said. "Because I don't want to disillusion you."

"Don't you think," he said, "that you're being selfish? Shouldn't you transmit to them a little of the joy you have found so that they can learn to smile too?" I looked at him. I had not thought of it in that way.

They received him with suspicion and foreboding. I could sense the tension in the house that his appearance caused. Maybe he was not aware of it, but I could feel it in my bones. After he had left, there was a chilled silence.

"Are you going to marry Harish?" my mother asked outright.

"He hasn't asked me yet," I said. "Just because I bring a man it doesn't mean..."

"It means a lot to me," said mother. "Because we have been reared like that. Maybe in some families girls can court men in crowded restaurants, hold their

Continued on page 43

WIN LUCKY PRIZES!

This is the third and last of the three fashion features which will enable you to win prizes from CHILDCARE — manufacturers of Children's garments, nursery furniture and other utility items for children from new-borns up to the age of ten.

We have already announced this lucky draw scheme in Eve's Weekly issues dated March 24, and April 7, 1979. The first feature was published in our issue dated April 21, and second feature in August 11, 1979.

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All you have to do is to clip and keep the coupon published along with each of the three features. The three coupons collected and sent, according to the serial numbers, will entitle you to participate in the lucky draw.

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LEFT: Pretty dresses — a navy blue acrylic ourful patchwork moti horizontally striped m top; the toddler looks tented on the yellow a nursery pattern; th miss has a red and w dress, once again perk appliqued motif.

RIGHT: For party or easy-to-wash denim outfits. Dungarees a worn with or withou smart when applique colour combinations.

BELOW: Tinies in the playing with toys in sc fur and dressed up in acrylic legging suit to cold. The baby blanke acrylic has a huge app The cosmetic bag co lotion, nappy rash swabs etc. — comes dressing up the baby.

In the International Ye Eve's Weekly/Childcar tion with Oberoi Towe a grand Children's Fas Bombay at which the be invited and the pri

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3 **Eve's Weekly / Childcare**

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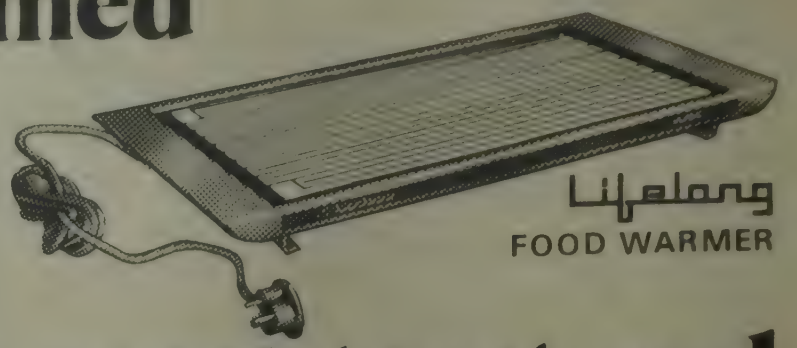
2. A grand Children's Fashion Show will be held in Bombay by **Eve's Weekly/Childcare** in association with the Hotel Oberoi, sometime in December, 1979, at which the winners will be invited and the prizes distributed.

3. The three coupons collected according to the serial numbers should be sent **in one lot,** latest by October 31, 1979 only after the publication of the third feature in October, to The Editor, Eve's Weekly Ltd., Peraj Building, Bombay Samachar Marg, Bombay- 400 023. The envelope should be marked Eve's Weekly/ Childcare Competition.

Till today, we warmed your food...



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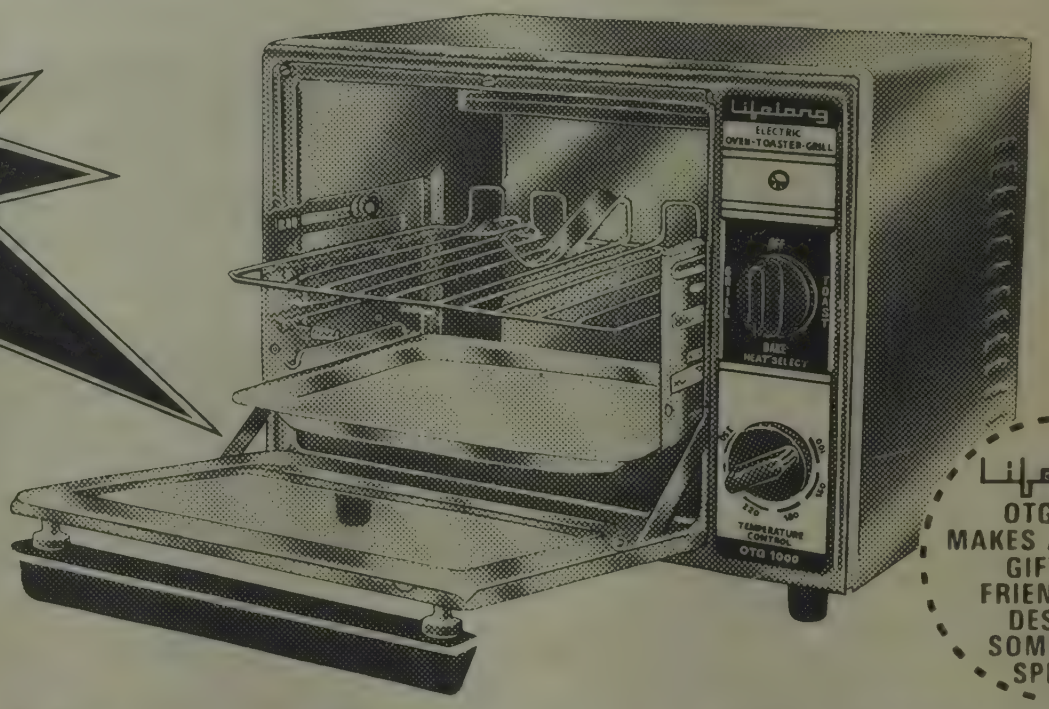

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Continued from page 39

hands, kiss them in dark cars and arrange secret rendezvous. But not in our home. Not as long as I'm alive."

"Mother, you're needlessly making a big scandal about a trifle," I said.

"Our name is not a trifle," she said.

I thought her reaction was violent enough, but Vinita's was worse. That night she sat down and wailed as if somebody had died. She refused to eat, she called me all kinds of filthy names. When I held her close and tried to stem her outburst, she pushed me away.

"You've always had the best of it," she sobbed. "Even in college, you won all the prizes. Mother sent you out to work because your legs are all right. While I. . . had to be confined, shut in the house because she is ashamed of me."

"Stop it, Vinita," said mother.

"No, I will not stop it," she raged. "What have I done to deserve this? Why must I mope at home, constantly in the shadow of a depressing old woman who can talk of nothing but her husband's misery, while you. . . you gad about town with every male in sight."

This was the first inkling I had that she resented mother's company, that she was bitterly jealous of my release from the home environment. Harish was wrong. Instead of bringing them smiles, I had unleashed a storm of hatred. Set off by Vinita's reference to her as "a depressing old woman talking only about her husband's misery," mother launched into a gloom of her own, sobbing into her pillow.

I lay awake all night, listening to the pair of them, crying their hearts out. Morning brought silence and a cold aftermath. There was no reference at all to Harish or his visit. I did not bring up the subject either because I had got an insight into both their minds and had no wish to worsen the hurts any further.

When Harish came to the architect's office in the evening I told him what had happened. He was thoughtful for a minute, then he said: "Maybe they resent my taking you away because you are their only financial support."

I saw it only too clearly now. That was the reason they had stormed against me. For years we carried on our romance in secret, then Harish said it was impossible to continue in this way any longer. We had to make a legal marriage even if it meant upsetting my home environment.

"Your mother and sister can come and stay with us," he said generously, "or, if they prefer to be independent, we can give them money each month. Talk to them, decide and then let me know.

It was a difficult decision. Again, I would be stirring up the embers of resentment. How would they react when I told them? For days I let it slide, then one day an unexpected thing happened. Father died.

The call from the hospital came to me in my office. He had been ailing for sometime now, the body as incapacitated as the mind. When I broke the news to mother, she looked at me without batting an eyelid. There was an immense feeling of relief on her face. I wondered at it.

"His suffering is over," she said softly. "Thank God."

There are some instances when a husband's death is a kind of liberation. When Harish came, she looked at him calmly as he offered his condolences.

MOTHER IS WRONG WHEN SHE SAYS THAT ALL BEAUTIFUL WOMEN ARE UNHAPPY. AM I NOT HAPPY? THEN WHY CAN'T I RID MYSELF OF THESE PREMONITIONS AND SLEEPLESS NIGHTS . . .

"No, she said. "Don't sympathise with me. I am much happier now than I ever was. You want to marry Anita don't you? Go ahead."

He was nonplussed.

"Yes, we are no longer a burden to Anita now. You see, in his younger days, my husband was heavily insured for life. Even when he lapsed into a mental mist, I had been keeping the policy alive, skimping at home on basic necessities so that one day we would be comfortable; paying the large premiums out of Anita's salary. How strange! When he was alive, he brought us only misery, but with his death a great load has been lifted. . ."

Then she burst into tears. I had never seen her cry so bitterly before.

We were married soon after. Quietly. Without fuss. It was just as mother wanted it. Because she herself had had a lavish affair, she was against any pomp or show. Not that we could have afforded it. But even had Harish offered to pay, she would have refused. She always warned me to be wary of the evil eye. It was because so many people were jealous of her beauty and the fact that she had bagged the most eligible bachelor in the marriage market, that later tribulations had come to them. When I left home and went to Harish's house, she tied a black thread round my wrist.

"Because you are a beautiful woman," she explained, "and because women who have beauty, are seldom born to happiness."

Then, when I looked unsure and crestfallen, she patted me and said, "Go, all lives are not the same. Just because I am unhappy doesn't mean that you will be, too."

Now I looked at Harish lying beside me fast asleep and listened to the wind wailing outside and thought to myself, how true mother's words were? But why this disquiet? This foreboding, within me? During the eight years I had left home, I had seen Vinita and mother off and on. Sometimes, they had come to stay with us. I had tried to persuade mother to let Vinita take up a job, even voluntary social work, to keep her occupied. The handicapped individual can get too lonely and then depression sets in. I knew now that it was a mistake to keep her cooped up in the house when her spirit yearned to roam free.

The night wore on and the morning dawned dismal and chill. I had not slept at all. Harish was still asleep when the phone rang in the hall. I rose and went to answer it. It was from mother. She seemed to be in tears.

"Will you come straight away Anita?" she cried. "Vinita. . . Vinita. . ."

"What is it mother?"

"She's. . . she's behaving like father used to. . ." she said "I'm frightened Anita."

"Count on me, mother. I'll be there."

I woke Harish. He got dressed at once. I thought of my premonition of the night before. Did sisters have a curious link of telepathy between them to sense each others' distress?

She was in a bad way. As the car drove away to the psychiatric ward of the hospital, mother held my hand and cried like a child, and I thought: "No mother. Not you too."

I watched Harish's strong back as he sat behind the wheel and drove us there. What would I have done if it wasn't for him I thought. Yet much of what happened was due to me. I could not shed the guilt which seeped into me.

If I had prevailed upon mother to send her to work, maybe the gnawing sense of inadequacy would not have beseiged her. if I had made an effort to draw her out, perhaps she might have met a personable young man who would marry her in spite of her disability. If I had only sensed her inner conflict, seen those jealous flashes of temper for what they connoted. . .

So many ifs!

Mother went into the asylum soon after. Not even five weeks later. She is not conscious of her environment at all and asks me how father is when I go to visit her.

Now only I am left in sanity from a family which was once a happy unit. My only support is Harish. My children are my world. But swift the thought comes and suspicion too at the ecstasy bursting in me. How long will I be happy? Then I say, "No, mother is wrong. All beautiful women are not unhappy." Am I not happy, too?

But still I clutch Harish's hand often and say, "Have you tied the black thread? Come home soon. Maybe the illness will strike me today, which has struck all of them. Don't leave me alone. My head aches. The sleeplessness. It's terrible. Who switched off the lights? Harish, someone is knocking at the door. I hear father's voice. Let him in. It's cold outside."

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Pumpkin Pleasers

Premila Lal

This versatile, inexpensive vegetable may not have a great deal of flavour when cooked on its own as a main dish, but it makes a wonderful dish varied from hot pies and puddings, to ice-creams, halwas and other sweet preparations. With extra skill and little bit of imagination you can get the optimum from this inexpensive vegetable and please the family and be proud of your cooking.

WHITE PUMPKIN HALWA

500 grams white pumpkin
250 grams sugar
1 litre milk
2 tbsp. rose water
6 cardamom seeds

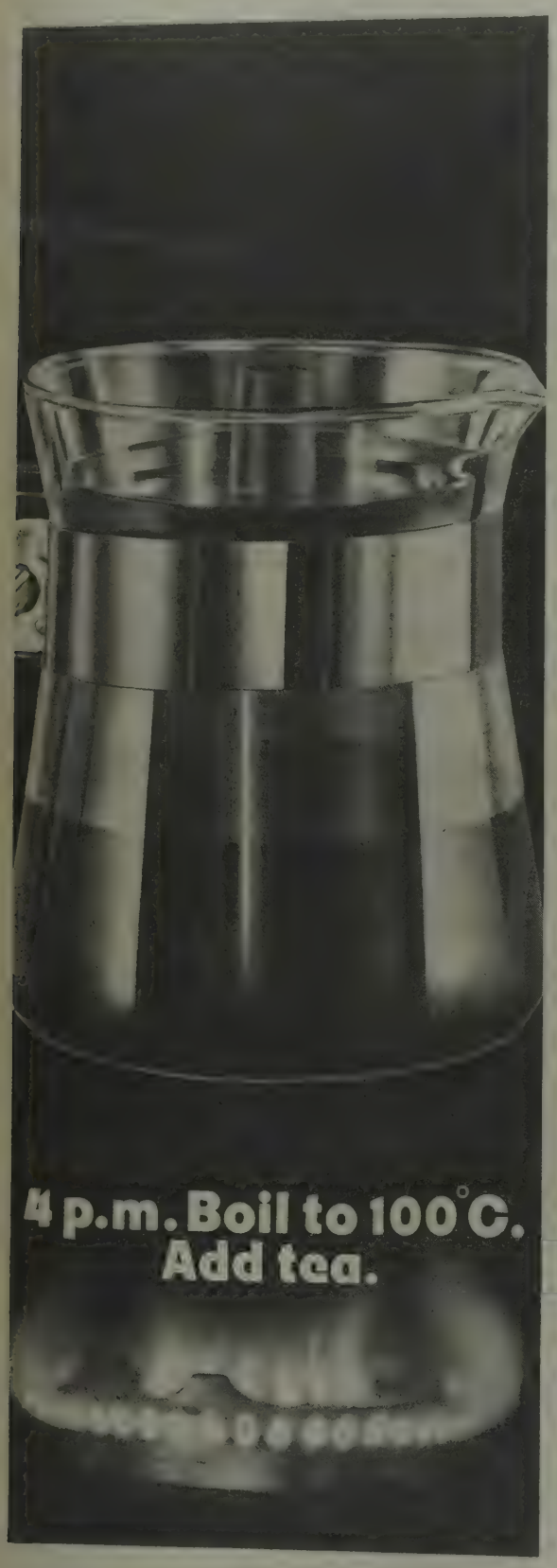
Skin the pumpkin and remove seeds. Grate the pumpkin and put it in a pan with the milk. Cook on a low flame, stirring occasionally, until the milk evaporates. Stir in the sugar and continue to simmer until the mixture becomes thick and all the liquid evaporates. Pour onto a greased dish after stirring in the rose water. Flatten evenly and sprinkle the cardamom seeds.

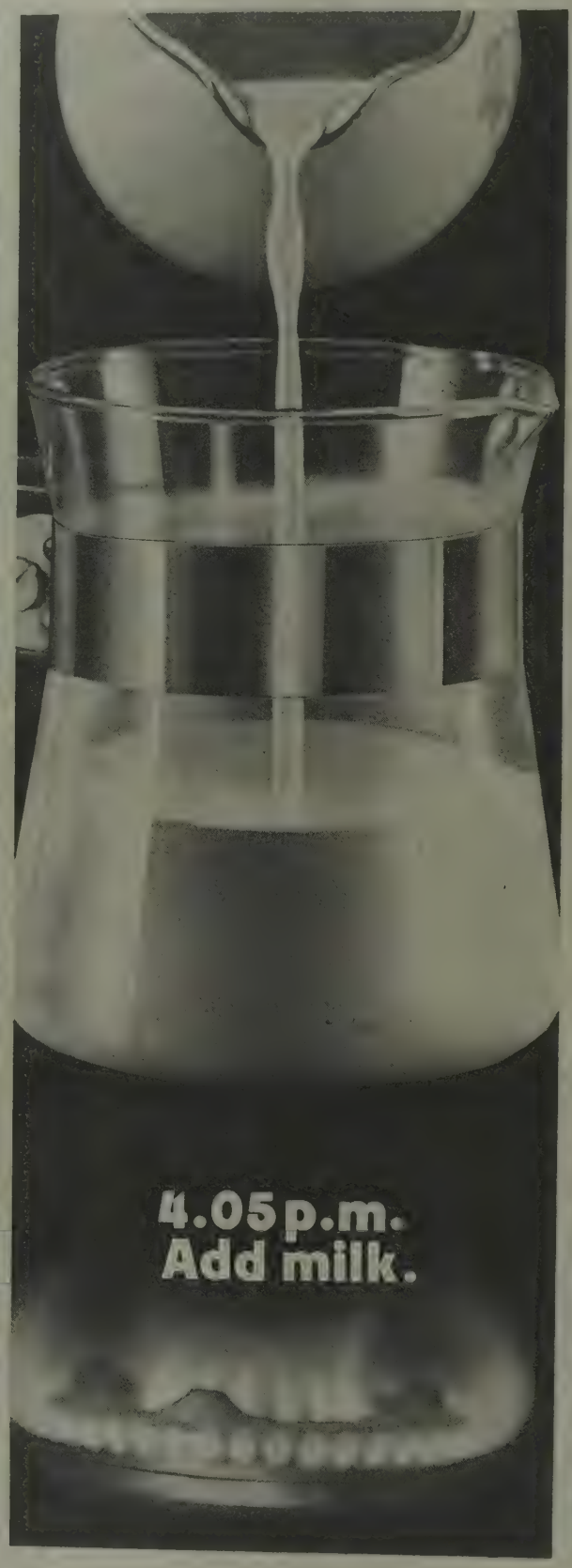
RED PUMPKIN PIE

1 cup mashed pumpkin
Pinch of salt
3 eggs
1 cup thick cream

Photograph : Farokh Reporter

THE CORNING CARAFE





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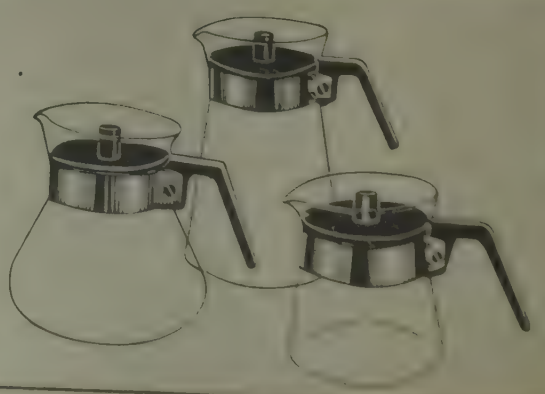

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1/3 cup sugar
½ tsp. cinnamon powder
1 tbsp. crystalized fruit
Crusty pastry for 1 crust

Put the mashed pumpkin in a bowl and make a well in the centre. Beat the eggs lightly and combine with the cream. Add to the pumpkin and blend well. Add the sugar, salt, cinnamon powder and chopped crystalized fruit. Blend and pour into egg glazed pastry shell. Bake in a moderate oven (350°F) until the custard has set and the crust is a golden brown.

HONEY AND PUMPKIN PIE

1 cup honey
2 cups pumpkin puree
½ tsp. salt
½ tsp. freshly ground ginger
½ tsp. cinnamon powder
1 cup milk
3 eggs
½ cup cream
Pastry for 1 crust

Combine the pumpkin puree, honey, cinnamon, ginger and salt. Beat the eggs slightly and add to the mixture, then pour in the milk and cream and blend thoroughly until smooth. Pour the mixture onto the pastry crust and bake in a very hot oven (500°F) for 10 minutes then reduce temperature and bake in a moderate oven (350°F.) for a further ½ hour or until set. Cool and serve topped with whipped cream.

PUMPKIN KORMA

250 grams pumpkin
1 cup curd
1 tsp. aniseeds (powdered)
½ tsp. dried ginger powder
½ tsp. garam masala
1½ tsp. cummin seeds
1 tsp. peppercorns
Salt to taste
Ghee

Cut the pumpkin into 2-inch square pieces. Pierce each piece with a fork. Fry them in hot ghee till golden brown and keep aside.

Take 2 tablespoon ghee. Fry cummin seed and add powdered aniseeds, dried ginger and pepper and ½ cup water. Bring to boil and add the pumpkin. Beat up curd with the egg beater adding 1 cup water and mix well. Add beaten curd to the pumpkin. Simmer till gravy thickens. Add garam masala and 1 teaspoon of ghee. Cook for 2 more minutes. Serve with purees.

WHITE PUMPKIN CURRY

1 medium white pumpkin
2 tbsps. grated coconut
2 tsps. sugar
1- inch piece ginger (ground)
2 bay leaves
¼ tsp. cummin seeds
Salt to taste
A little ghee

Heat the ghee and fry the cummin seeds, bay leaves and the ground ginger, till the cummin seeds float. Add the grated pumpkin, salt and sugar. Cover and cook slowly for about 10 minutes. Add 2 tablespoons water and stir till the water has absorbed.

RED PUMPKIN BHARTHA

500 grams red pumpkin
2 large onions
½ tsp. mustard seeds
4 cloves garlic
¼ tsp. turmeric powder
½- inch piece ginger
4 green chillis
Lemon sized ball of tamarind
2 tbsps. oil
Salt to taste
½ tsp. sugar
1 tbsp. coriander leaves

Clean and cut the pumpkin into ½-inch squares, wash and keep aside. Slice the onion finely and chop the garlic, ginger and chillis into small bits. Soak tamarind in ½ cup water.

In a pan, heat the oil, fry mustard seeds, add the sliced onion, garlic, ginger and green chillis. Lightly fry all together for 5 minutes. Then add turmeric powder. Fry a little more. Put in the pumpkin, a little salt and stir well. Cook for 10 minutes, well covered. Remove cover, stir and add a little water. Cover pan and continue cooking until the pumpkin is tender.

Add the juice of the tamarind and half teaspoon sugar. Stir well, simmer for a few more minutes. Sprinkled chopped coriander leaves.

GLOSSARY OF TERMS

KANNADA — 3

In response to request from readers, we now give you equivalent terms in various languages, to clip and keep for your record.

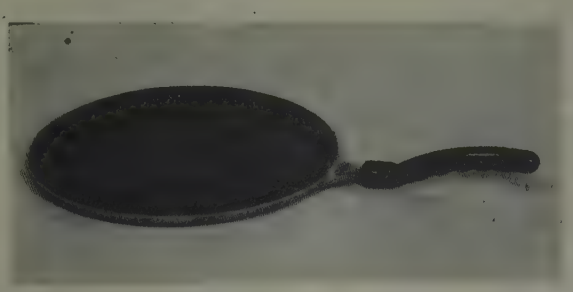
CEREALS AND LENTILS

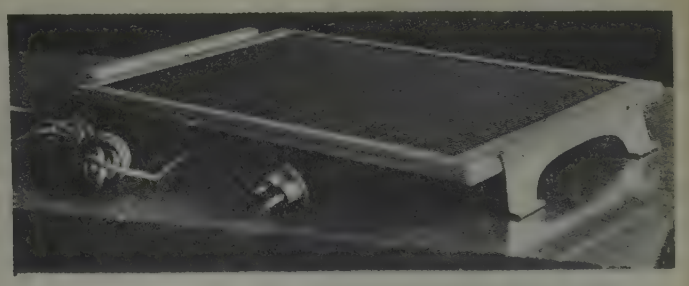
Rice — Akki
Bengal gram — Kadle
Broken black gram — Uddina bela
Tur gram — Togari
Dry red beans — Ona Avarekaalu
Lentil — Togari bele
Rice flakes — Avalakki
Green gram — Hearu
Semolina — Sajjige
Four — Hittu
Sago Saabbakki
Millet flour — Navane hittu
Cornflour — Jolada hittu
Vermicelli — Ona shyaamige
Barley — Baarley
Whole black gram — Idi uddu
Whole green gram — Idi hesaru

NEW GIFTS FOR OUR MONTHLY COOKERY QUEENS

The Cookery Queen for the month of October will receive, in addition to the usual cash prize of Rs. 100.00 :

1) A non-stick coated 280 mm Tava from **TRUPTI INDUSTRIES,** 2) A cash prize of Rs. 101.00 from **WEIKFIELD,** and 3) **LIFELONG** Food Warmer, Popular model 625 x 365 x 65 mm from **TRADING ENGINEERS,** New Delhi.





So send in your original vegetarian or non-vegetarian recipes accompanied with a coupon to the Cookery Editor, Eve's Weekly, Bombay Samachar Marg, Bombay 400 023.

It's time for an extra twist of taste

A time to taste – *lemon** **and** *lime** *like it's never been. More tangy, more punchy, more everything.*

A time to 'freshen' – *with tongue-tingling lemon** **and** *lime**. **Fresh** *and icy cold.*

A time to switch to Campa – *lemon** **and** *lime**. *Any time from nine to nine – or before and after. Today – or now.*

It's Campa time with the flavour of lemon* and lime*

*Artificial flavour

RECIPES FROM OUR READERS

Mrs. Usha Mudibidri, Goa.

CHOCOLATE

2 cups milk powder
2 cups sugar
¼ cup butter
2 tbsps. cocoa
2 tbsps. cashewnuts (optional)
1 cup water

Sieve the milk powder and cocoa. Put sugar and water in a dekchi. When the sugar dissolves, add butter and cook for a while. Allow it to cool a little. Then add the milk powder and cocoa little by little. Add the chopped cashewnuts and stir well. Spread on a butter paper and roll out. Cut into pieces.

Mrs. Jasu Jethra, Bangalore.

METHI MATTAR

4 bunches fenugreek leaves
100 grams potatoes, boiled
100 grams green peas, shelled and boiled
1" piece ginger, grated
3 red tomatoes, chopped
4 green chillis
1 small pod garlic
¼ coconut, grated
1 tsp. cummin seeds
1 tsp. tamarind powder
4 tbsps. oil
Salt to taste

Chop the fenugreek leaves finely. Wash and pressure cook for five minutes. Mash it. Heat oil in a heavy bottomed pan and add cummin seeds. Add tamarind powder and diced potatoes. Fry till pink. Add the boiled peas, fry for two minutes. Add fenugreek, cook for five minutes. Add tomatoes; cover and cook at low heat for few minutes. Grind green chillis, garlic, coconut and salt. Add to the vegetable mixture and cook at low heat for 10 minutes Serve with puris or plain parathas.

Mrs. Madhu Kamat, New Delhi.

COFFEE JELLY

4 level tbsps. coffee powder
8 level tbsps. sugar
500 ml. water
1½ packets gelatine
100 ml. fresh cream
1 tbsp. castor sugar

Boil the water and add coffee powder and sugar to it. Stir till the sugar dissolves. Cool the coffee solution to lukewarm and dissolve the gelatine in it. Keep aside till completely cooled. Pour the cooled coffee jelly solution into an ice tray and chill in the freezer till set. Chill the cream, add castor sugar to taste and then whip it to thickish consistency. Serve the coffee jelly topped with this whipped cream.

WEEKLY WINNER

ANITA VIJ, Bhutan

Mrs. Vij wins Rs. 50 for this week's best recipe plus a 3-in-one Storefresh container from Trupti Industries, a gift hamper from Weikfield and a 1000 ml. Coconut Oil tin from KMP Oil Industries, Cochin.

DAHI PAKODA

½ loaf bread, sliced
8 cloves garlic
100 grams tomatoes
1 bunch coriander leaves
3 tsps. salt
2 green chillis
250 grams curds
150 grams Bengal gram dal
50 grams rice
250 grams oil
2" piece ginger

Cut each slice of bread into four. Keep aside. Grind the garlic. Chop the ginger, tomato and green chillis. Saute the garlic in oil till light brown. Put the chopped ginger, chillis, tomato and coriander leaves. Add salt to taste. Keep this masala aside. Now soak the rice and gram dal in water for two hours. Drain and grind it nicely into a thick batter. Add the required quantity of salt. Beat the curds with addition of salt. Dip two square pieces of bread into the beaten curds. On one piece spread a layer of the above masala. Cover with the other piece. Dip both the pieces in the rice and dal batter. Similarly repeat with the other bread pieces till all the masala and batter is used up. Fry in oil till golden brown. Serve hot.

COOKERY CONTEST ANNOUNCEMENT

New Scheme For The Monthly Cookery Queen Contest

All cookery contestants for the Monthly Cookery Queen Contest will have to send in their recipes — non-vegetarian o vegetarian — according to the subjects specified for each month. We give below subjects for the coming three months to enable you to send in your entries well in advance.

November, 1979
FESTIVE SWEETS
December, 1979
CAKES
January, 1980
FRESH FRUIT DESSERTS

All entries for November should reach us by October 5, December entries by November 5, and January entries by December 5, 1979.

COOKERY CONTESTANTS!

Revised Contest Rules

1. Each recipe must be accompanied by this coupon.

2. The author of each selected entry will be informed in advance and requested to send a passport size photograph of herself to be published along with her recipe.

3. The recipe must be original and not copied from a cookery book, a magazine of any other published material The prize-winner shall have to sign a declaration to that effect before the announcement is made and the prize awarded.

Address your entries to the Cookery Editor, EVE'S WEEKLY, Bombay Samachar Marg, Bombay—400 023.

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Emami Talcum Powder
With its tantalizing lingering french fragrance forms the perfect complement to Emami Vanishing Cream.

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Kemco Chemicals, Calcutta-700 001.

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WIN Rs. 35,000 IN CASH AND GIFTS

Eve's Weekly is pleased to announce that it will hold in association with **Shri Ambica Mills** an All-India Beauty Contest with Fashion Pageant to select **Miss Young India** for **Miss Young International 1980,** sponsored by Kokusai Bunka Kyokai (International Cultural Association) with the co-operation of The Ministry of Foreign Affairs, Japan.

Regional Beauty Contests and Fashion Festivals will be held at Bangalore, Madras, Hyderabad, Calcutta, Delhi and Ahmedabad between November 1 and December 5, 1979 to be followed by the Bombay Regional Contest and the All-India Contest and Fashion Pageant at Bombay, on December 11 and 12, respectively. In addition, Fashion Pageants will also be held at Cochin, Kanpur, Amritsar and Baroda.

Regional Contests will be known as **Ambiprincess** Contests. Miss Young India will be selected at a function in Bombay from among the seven Ambiprincesses and will be provided a free return air passage to Japan, to appear in the Miss Young International Contest. Miss Young International will receive a cash prize of one million Japanese Yen and a Trophy.

PRIZES

Winner of Miss Young India title Rs. 2,000 plus gifts, and Runners-up Rs. 1,000 plus gifts. Winners of Ambiprincess title, Rs. 500 each, plus gifts. And gifts to Runners-up.

GIFTS

The Gifts offered include TV sets, Refrigerators, Cooking Ranges, Sewing Machines, Stereo Amplifiers and Cosmetics.

ESSENTIAL CONDITIONS

1. The applicant must be an unmarried girl of Indian nationality. She should be between 15-20 years of age.
2. She should be prepared, if selected Ambiprincess, to come to Bombay for the All-India Contest and to appear in a one-piece swim-suit. The Sponsors will provide free passage and accommodation at **Oberoi-Towers.** If selected Miss Young India she should be prepared to go for the Miss Young International Contest, where she will have to abide by its rules and regulations. Fill in the Entry Form alongside, and send it in immediately.

Miss Young India and her Runner-up will receive a fabulous wardrobe from SHRI AMBICA

Shri Ambica Mills

eve weekly

IN ASSOCIATION WITH

Shri Ambica Mills

SPONSOR

Ambiprincess CONTEST

TO SELECT

Miss Young India

FOR

MISS YOUNG INTERNATIONAL 1980

ALSO

AMBISCOPE

FASHION SHOWS

REGIONAL ENTRY FORM (MISS YOUNG INDIA)

(PLEASE WRITE IN BLOCK LETTERS)

FULL NAME OF CONTESTANT :

ADDRESS :

TELEPHONE NO:

DATE OF BIRTH : **PLACE OF BIRTH :**

OCCUPATION : **EDUCATION :**

AMBITION : **NATIONALITY :**

HEIGHT : **WEIGHT :** **BUST :** **WAIST :**

HIPS: **NO. OF PHOTOGRAPHS ENCLOSED:**

I promise to abide by all the contest rules. I am single. My parent/guardian has no objection to my entering the contest. My photographs can be published anywhere in connection with the contest. The decision of the judges will be final and binding on me. I would like to enter the contest in Bangalore/Madras/Hyderabad/Calcutta/Delhi/Ahmedabad/Bombay. (Strike off the places not required).

Signature of Parent/Guardian Signature of Contestant

ENTRIES CLOSE ON 26th OCTOBER

EVE'S WEEKLY LTD. BOMBAY SAMACHAR MARG BOMBAY-23

FREE
with ELECTRIQUE talc

Regular size
genteel Beauty Soap
with 400 gm.
ELECTRIQUE Talc

Mini
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WIN Rs. 35,000 IN CASH AND GIFTS

Eve's Weekly is pleased to announce that it will hold in association with **Shri Ambica Mills** an All-India Beauty Contest with Fashion Pageant to select **Miss India for Miss International 1980,** sponsored by Kokusai Bunka Kyokai (International Cultural Association) with the co-operation of the Ministry of Foreign Affairs, Japan.

Regional Beauty Contests and Fashion Festivals will be held at Bangalore, Madras, Hyderabad, Calcutta, Delhi and Ahmedabad between November 1 and December 5, 1979 to be followed by the Bombay Regional Contest and the All-India Contest and Fashion Pageant at Bombay on December 11 and 12, respectively. In addition, Fashion Pageants will also be held at Cochin, Kanpur, Amritsar and Baroda.

Regional Contests will be known as **Ambiqueen** Contests. Miss India will be selected at a function in Bombay from among the seven Ambiqueens and will be provided a free return air passage to Japan, by courtesy of **Air India,** to appear in the Miss International Contest. Miss International will receive a cash prize of U.S. $10,000 and a Trophy.

PRIZES

Winner of Miss India title Rs. 3,000 plus gifts, and Runner-up Rs. 1,000 plus gifts. Winners of Ambiqueen title, Rs. 500 each, plus gifts. And gifts to Runners-up.

GIFTS

The Gifts offered include TV sets, Refrigerators, Cooking Ranges, Sewing Machines, Stereo Amplifiers and Cosmetics.

ESSENTIAL CONDITIONS

1. The applicant must be an unmarried girl of Indian nationality. She should be between 18-23 years of age.

2. She should be prepared, if selected **Ambiqueen,** to come to Bombay for the All-India Contest and to appear in a one-piece swim-suit. The Sponsors will provide free passage and accommodation at **Oberoi-Towers.** If selected Miss India she should be prepared to go for the Miss International Contest, where she will have to abide by its rules and regulations. Fill in the Entry Form alongside, and send it in immediately.

Miss India and her Runner-up will receive a fabulous wardrobe from SHRI AMBICA

Shri Ambica Mills

AIR INDIA

Eve's Weekly

IN ASSOCIATION WITH

Shri Ambica Mills

SPONSOR

Ambiqueen CONTEST

TO SELECT

MISS INDIA

FOR

MISS INTERNATIONAL 1980

ALSO

AMBISCOPE

FASHION SHOW

REGIONAL ENTRY FORM (MISS INDIA)

(PLEASE WRITE IN BLOCK LETTERS)

FULL NAME OF CONTESTANT :

ADDRESS :

TELEPHONE NO:

DATE OF BIRTH : **PLACE OF BIRTH :**

OCCUPATION : **EDUCATION :**

AMBITION : **NATIONALITY :**

HEIGHT : **WEIGHT :** **BUST :** **WAIST :**

HIPS: **NO. OF PHOTOGRAPHS ENCLOSED:**

I promise to abide by all the contest rules. I am single. My parent/guardian has no objection to my entering the contest. My photographs can be published anywhere in connection with the contest. The decision of the judges will be final and binding on me. I would like to enter the contest in Bangalore/Madras/Hyderabad/Calcutta/Delhi/Ahmedabad/Bombay. (Strike off the places not required).

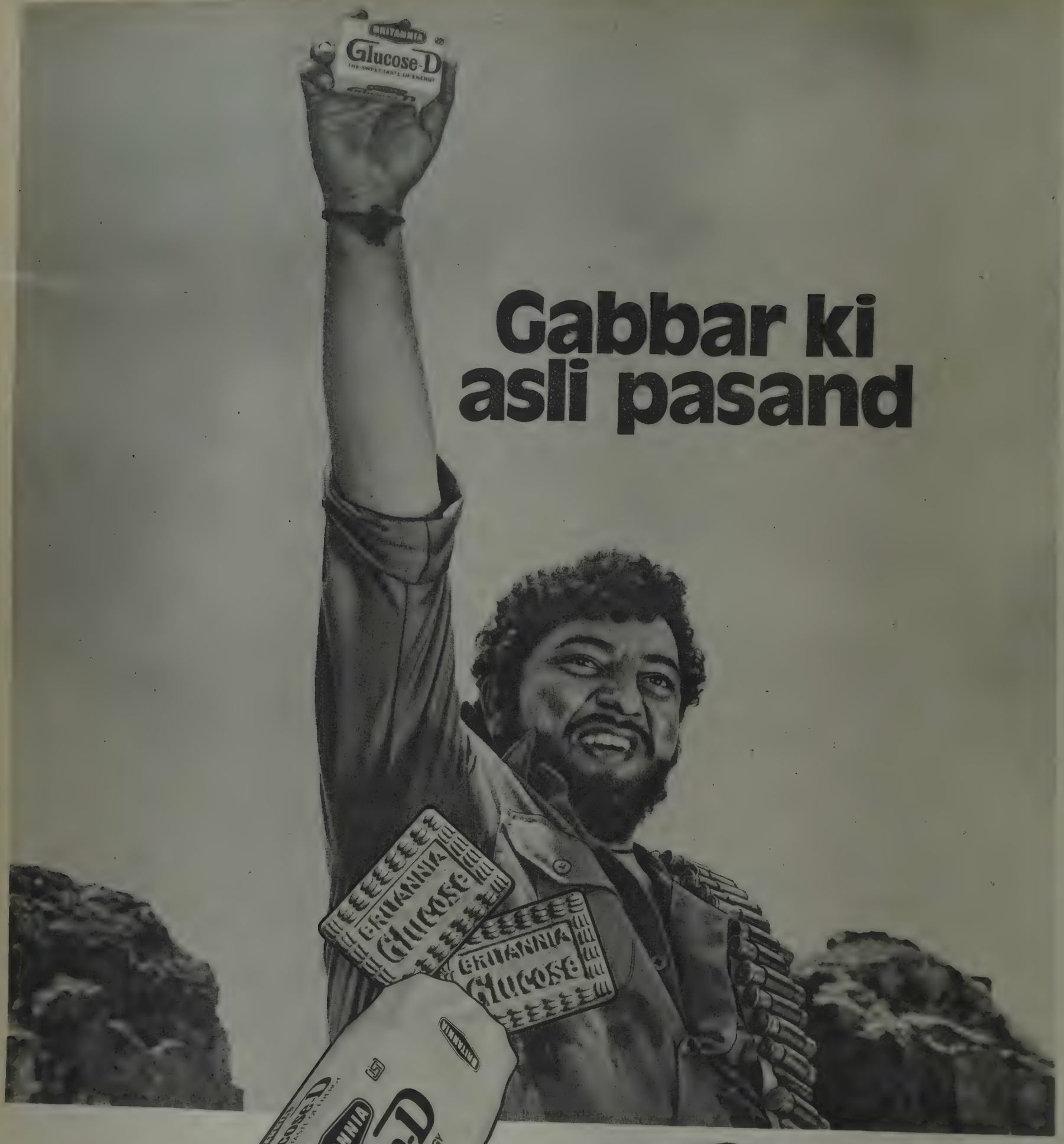
Signature of Parent/Guardian

Signature of Contestant

ENTRIES CLOSE ON 26th OCTOBER

EVE'S WEEKLY LTD. BOMBAY SAMACHAR MARG BOMBAY-23

Gabbar ki asli pasand



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POPPETS ON PARADE

IF WE CANNOT MAKE A WORLD
IN WHICH CHILDREN NO LONGER
SUFFER, AT LEAST WE CAN
TRY TO REDUCE THE NUMBER OF
SUFFERING CHILDREN.

Albert Einstein

GOLDIE, New Delhi
Age: 3 years

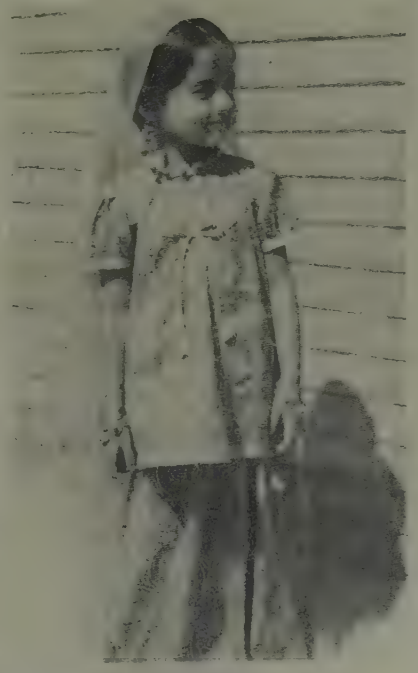
MALLIKA AND SARIKA, Delhi
Age: 4 years 6 months
Age: 6 months

RAKA NAYAR, New Delhi
Age: 4 years

REENIE, New Delhi
Age: 3 years 8 months

DEEPTI SUDHINDRA, Bangalore
Age: 2 years 2 months

LEFT: **JWALANT MUKUL SHROFF, Surat**
Age: 6 years



SOMAY SURI, Mhow
Age: 8 years

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The safe, effective lice remedy. Non-greasy. And pleasantly perfumed.

Cy-ban is highly-effective. Just rub it gently into the scalp at night. Comb out dead lice and nits in the morning. Shampoo your hair. And forget you ever had the problem!

Cy-ban is non-greasy

Cy-ban is not oil-based. So there's no stickiness. No stained pillows. No mess. It spreads rapidly. And quickly gets to the root of the problem.

Cy-ban is pleasantly perfumed

Unlike other lice remedies, Cy-ban doesn't smell awful. It has a pleasant lavender perfume. And the perfume lasts, through the night.

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Cy-ban is safe for the hair and scalp. There's no fear of changing the colour of the hair or of losing hair. Naturally. Cy-ban comes to you from Lederle. It's the product of years of research and testing. Testing that has proved its safety and efficacy. Beyond all doubt.

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A Lederle product

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CY-BAN*

Gets rid of lice and nits. Overnight!

Sista's-CY-710/79

MEGHA RAO, Bombay
Age: 1 year

BALU, Wellington Barracks
Age: 3 years

ANAND LALCHANDANI
Age: 3½ years

MEGHANA FADTARE, Bombay
Age: 2 years

POPPETS ON PARADE

**Children are the future; they are the seed
for the hoped for harvest of the world,
the carefully nurtured wheat
as precious and as rich in promise as
grains of the knowing farmer.**

Maurice Pate

NAAZNEEN DALAL
Age: 1 year 6 months

LEFT : **VERNER GOMES**
Age: 5 years

RIGHT : **MOHIT & ROHIT LAD, Bombay**
Age : 2½ years & 1 year

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When we put the Fiesta Popular in the market, we hoped to put music within the reach of as many homes as possible. We gave it everything music lovers would want in a compact, sturdy set. Starting with a very reasonable price tag ! For both AC and Battery models. We built in a powerful wide-frequency range amplifier and a place-it-anywhere, lid-mounted, matching speaker. A tone control for fine adjustment of bass and treble sounds. A 3-speed turntable to play all types of records. All this because we wanted the Fiesta Popular to take more music to more people... and, before we knew it, it had become the largest selling record player in the country ! Today, there are 300,000 Fiesta homes spread all over India. You can be sure there's an HMV Fiesta playing somewhere right now.

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HMV **His Master's Voice**
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ABOVE: Swapna Sundari

RIGHT: Alka Noopur

Behind the Footlights...

a look at classical dancing as a career

Shobha Varadpande

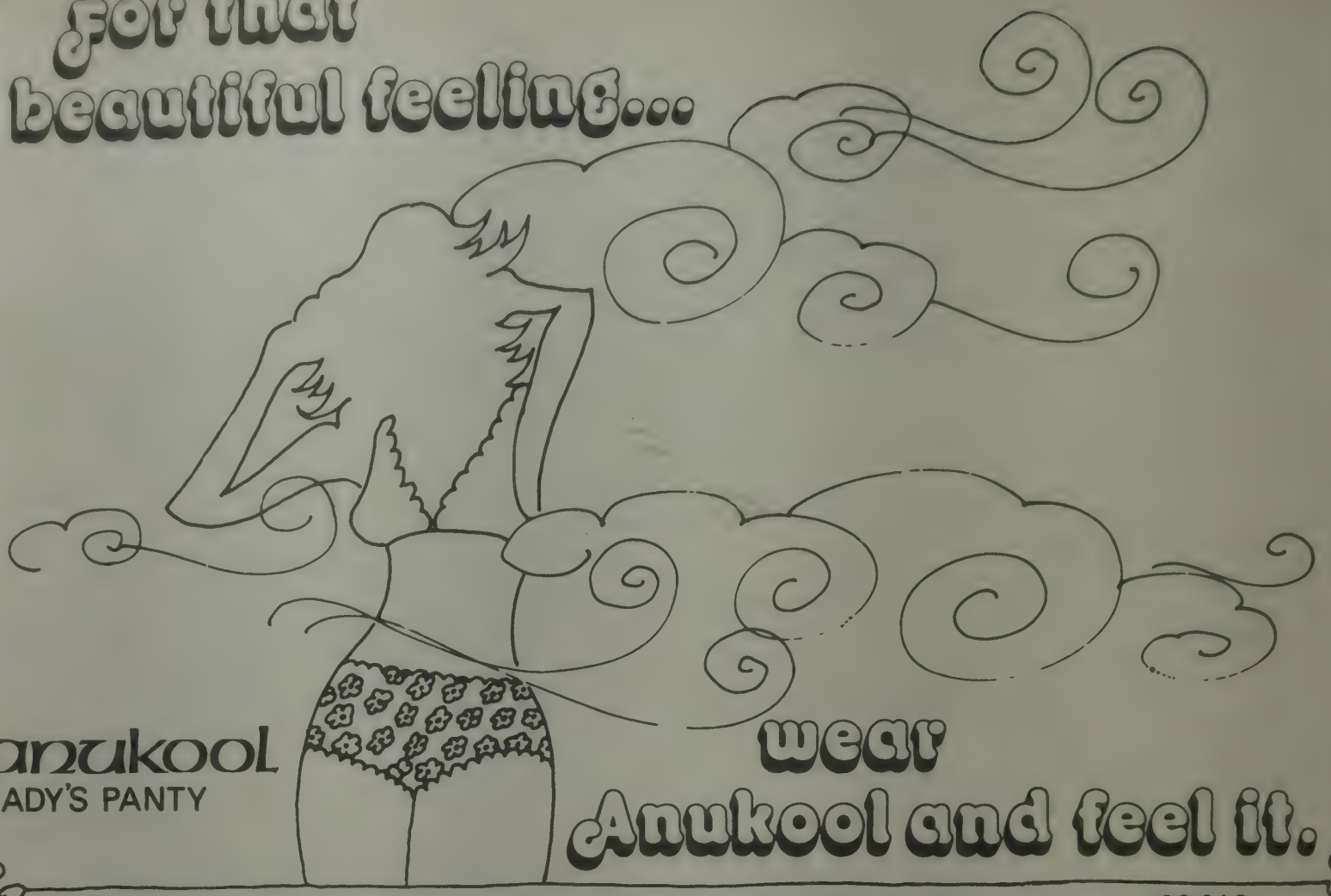
The green velvety curtain lifts up gradually revealing the decor of the stage. The orchestra, seated at the left hand corner, goes into action filling the auditorium with sweet music. With dramatic suddenness a circular glow of light descends upon a girl frozen in an alluring, sculpturesque pose. With graceful, swanlike movements she glides over the dancing floor scattering flowers around while the singer sings an ode to Sarswati. Then the performance starts, one sculpturesque pose melting into another in neat rhythmic sequence. Through her movements, agile footwork, expressive gestures, she interprets the emotive content of Jayadeva's Astapadi, Kshetrayya's Pada, or Bindadin's song, filling the hearts of the audience with a rare aesthetic pleasure. After a three hour performance she makes her exit bowing to the audience. And in the hall lingers the sound of appreciative applause that reaches her make-up room and fills her heart with pleasure.

She is a professional classical dancer, the repository of the ancient science of Bharata. Most girls at some stage of their life dream of becoming a famous classical dancer. To dance is a human instinct. Everybody likes to give vent to one's inner rhythm instilled in us by nature. But despite this natural urge, proficiency in classical dance is not easy to achieve and it is a very arduous process for a girl to master it and reach the top. Apart from talent, a girl requires a tremendous amount of motivation to work so hard, sacrificing many of the normal pleasures of life in the process. Affluence is also not guaranteed and insecurity always hangs over one's head.

If a girl wants to be a professional classical dancer, the first requisite is a shapely, attractive physique and excellent health so as to be able to withstand the rigours of the long hours of training. The body is the instrument through which the art of dance expresses itself. So no weakling can enter this profession. It is significant that to the dancing hall of the palace of the Vijayanagar kings, was attached a gymnasium for dancing girls, provided with equipment for them to take proper exercise and keep themselves slim and strong. Only girls having excellent health can think of joining this profession.

The training period required to become a competent classical dancer able to perform on the

for that beautiful feeling...



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Get Halo Tonic Shampoo... for new life and lustre to dull hair.

HTS.6.2 79

Behind the Footlights...

ABOVE: Uma Sharma

BELOW: Sonal Mansingh

stage is quite long. A girl needs at least ten years of sustained training to be able to go on the stage. And it is only after spending about five years on the stage that she gains that easy confidence which marks the true professional.

These first five years are extremely crucial in the career of a classical dancer. Her performances during these years decide her fate. Some dancers click and some do not, and many a time there is no logic behind it. A girl having full command over the technique may fail to please the audience while some one less proficient wins their hearts. Physical beauty, though an important factor, is not at all a guarantee of success.

The expense of entering this profession is quite high. During the period of learning, a girl is required to spend a lot on the fee of the teacher and the musicians with whom she rehearses. Costumes and jewellery are another major item of expenditure. One single costume can cost more than Rs. 1,000 and even artificial jewellery is quite costly.

Ordinary plastic flowers that adorn the hair of a dancer can cost not less than Rs. 50 to 60 and she can use them for only three or four performances. Because of the vigorous dancing movements the costume gets worn out and faded. So she has to buy new ones frequently. All these add up to a formidable investment.

And in the initial stages of a dancer's career the earnings are not very high. In fact, she thinks herself fortunate if she is able to meet the expenditure on a performance, which is quite heavy — singers, instrumentalists, clothes, jewellery, rent of the hall, lights, etc, etc. And in spite of these expenses, she has to be constantly in the public eye or risk being forgotten. She has also to learn new items, and again pay for more lessons. Hence dancers tend to repeat the items which have clicked with audiences rather than invest time and money on presenting new dance numbers. This, however involves the risk of ultimately alienating the public because of the monotony.

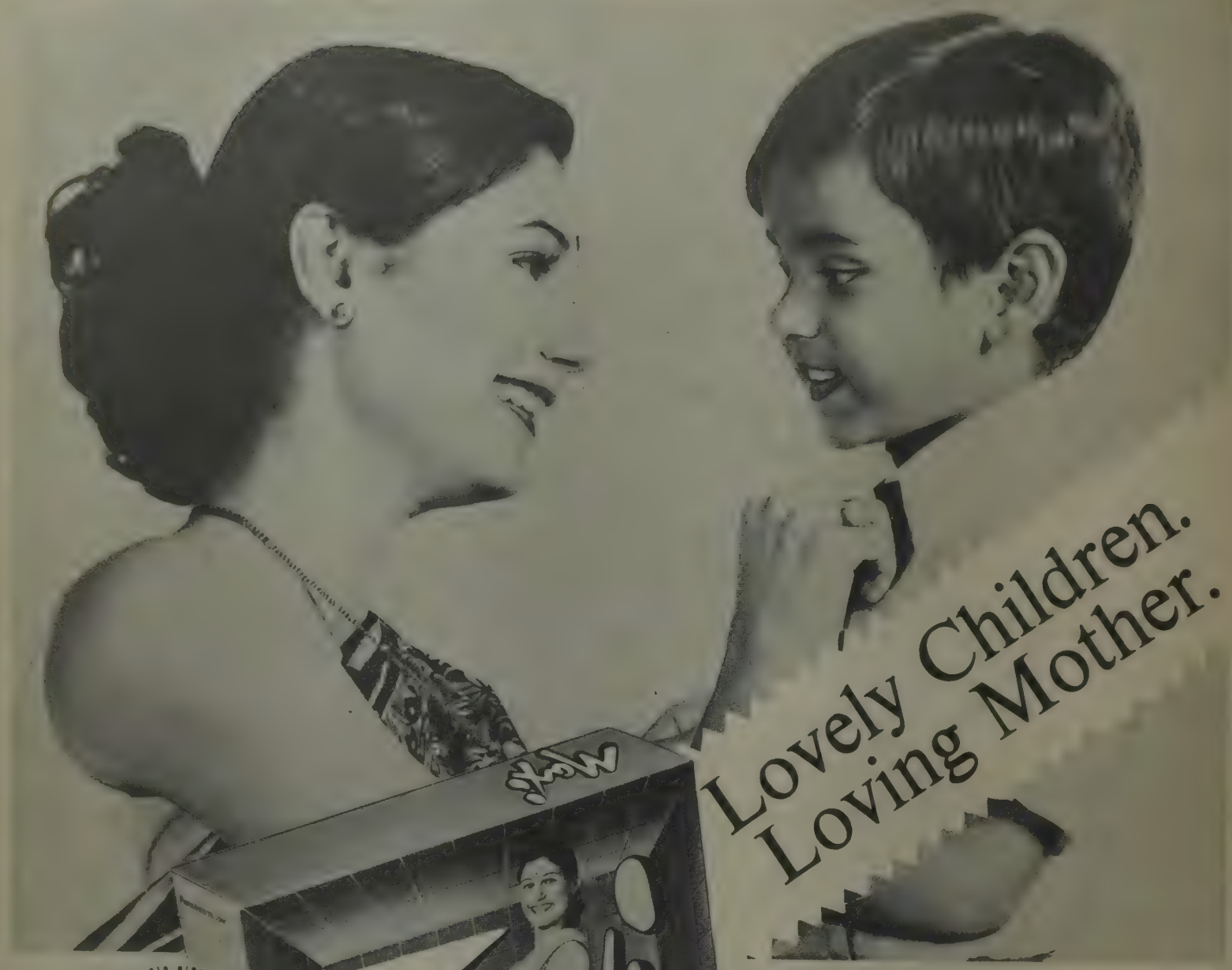
Few classical dancers can hope to maintain their peak form for a long time. This privilege is given to a very few. After completing training at the age of twenty and doing apprenticeship on the stage for about five years, a classical dancer's peak period may last up to the age of thirty-five, or if she is lucky, up to forty years. Then her popularity starts waning fast. Audiences like to see fresh and young faces and by the age of thirty-five, an artiste exhausts her creativity and she is not then in a position to offer anything new or refreshing because of her declining stamina and agility.

That means a dancer's effective stage career lasts at the most for ten or fifteen years. Of course, there are exceptions like Balasaraswati or Sitara Devi, but one must remember that they are the rare exceptions. To face this situation, many classical dancers start their own schools to impart training to newcomers in the field. These schools generally attract girls from upper middle class families whose interest usually dwindles after a few initial sessions.

Of course, a few outstanding dancers have surmounted the many professional hazards and earned international fame. They are invited to foreign countries to perform classical Indian dances and have earned enough to live comfortably. But their number is quite small, they are the privileged aristocracy of the profession. And even these had to face difficulties in the initial stages. It is hard work, which calls for determination and pluck, and a good deal of luck. The lot of the majority is a perpetual sense of frustration, disappointment and a succession of financial problems.

It was Rabindranath Tagore who first took interest in reviving many of our traditional classical dance forms. After independence people started taking more and more interest in all classical art forms including music and dance. The radio helped immensely in popularising classical music, but could do nothing to help classical dancing, it being a visual art. It may sound strange, but films did keep the interest in classical dancing alive. Musicals used to include some classical dance items to please their audiences. Some of the now fa-

Continued on page 65



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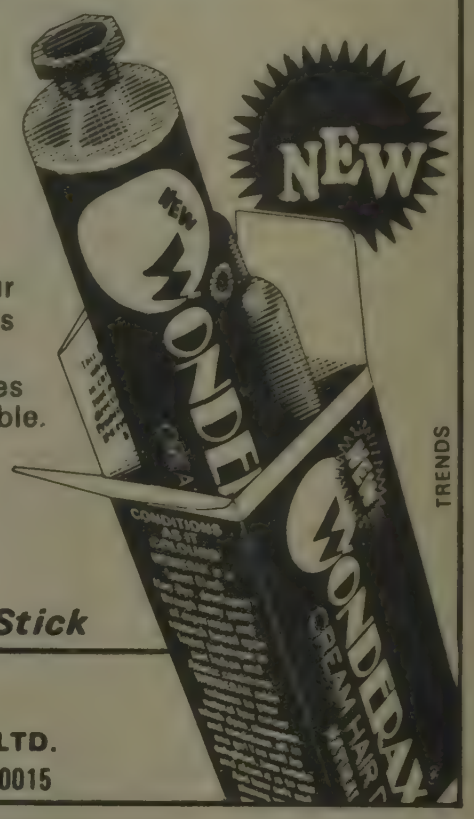

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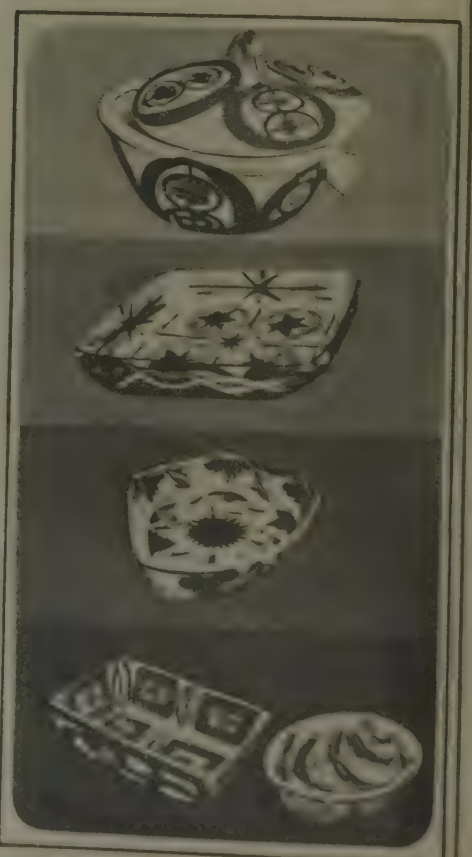

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Behind the Footlights...

Continued from Page 61

mous film actresses got their initial entry into the film industry because of their being classical dancers. But in recent times the trend has changed and the western style of dancing has taken over in a big way, limiting the scope for classical dancing.

Though there are very few transmission centres, television has now taken up the cause of popularising classical dance forms. Akademies are encouraging these dance forms by opening training centres like the Kathak Kendra at Delhi. Scholarships are made available for talented dancers to pursue their vocation. Because of tourist interest in Indian classical and folk dances prestigeous hotels are providing work for dancers. This has certainly created a new avenue for girls wanting to enter the profession. Then there are the cultural delegations sent abroad which add to their prestige and income.

Many of the universities and schools have started courses in classical dancing. This offers employment opportunities to girls trained in classical dancing to work as teachers.

Tall, beautiful and brilliant Sonal Mansingh, one of the luminous stars in the firmament of Indian classical dancing, feels that there is certainly a lot of scope for girls in the profession if they are prepared to put in hard work. The dance career demands many sacrifices, including normal family life. Many a time marriage proves a disaster to her career. As there is no impresario system in India, the dancer herself is required to look after every aspect of the profession right from accepting programmes, arranging musicians, to even arranging railway tickets for her troupe. Much of her time and energy is wasted on organising these routine details instead of being used for creative work.

Actually, Sonal says, the difficulties start right from the moment you decide to be a professional dancer, that too right in your own home. Despite the respectability classical dancing has acquired in recent years, the old prejudice lingers in most Indian families. Parents do not like their daughters to become dancers, at least not professional dancers. Only a firm determination and an iron will in a girl can overcome this barrier put in her way. Few girls are so dedicated or so strong willed.

As for dancing talent, Sonal feels that either one has it or one does not. No amount of effort and hard work can help a girl to become a good danseuse though she may acquire the technical skill. It is natural talent which makes a real artiste, training and practice can only mould the talent.

Alka Noopur is a handsome Kathak dancer with beautiful eyes and an expressive face. She belongs to the younger generation of dancers who are coming up, showing great promise. She was awarded the prestigeous National Scholarship for three years to develop her talent. She did this with sincerity and full devotion to her art. But after these three years Alka says, "I was confronted with the problem of how to enter the profession." She found that the money she spent on the make-up, costumes, musicians, etc. was more than what the performance fetched. Luckily, her family helped to overcome these initial difficulties, and now she enjoys a much better financial position and professional standing.

Alka agrees that dancers at the top do get handsome remuneration, but the others do not get enough bookings and they find a dancing career financially unrewarding.

As a professional classical dancer, Alka is more inclined towards films than stage performmances because work in films gives a much larger financial return.

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Marriage can be a hazard to the career of a professional dancer, however considerate the husband may be. In actual life a man would certainly prefer a cup of steaming hot tea in the morning to the music of anklebells, says Alka with a smile. In her opinion, only a girl who has tenacity, patience, talent and sufficient economic support to sustain herself up to the take off stage should think of joining the profession. Even then success is a matter of luck.

Internationally known dancer Uma Sharma runs a dancing school in Delhi for girls. According to her, few among the girls who come to her school want to be professional classical dancers. They just come to learn some dancing and if in the processs some discover that they have a real talent for dancing and if they have the facilities to develop the talent, then they take up the art as a profession.

Uma feels that there is a lot of scope for girls who desire to join the profession because classical Indian dancing is becoming popular. Even if all of them do not become successful professional stage artistes, they can earn a good living by becoming dance teachers at schools, colleges, universities or in private institutions.

As for marriage and family life, she does not see any difficulty. You do not dance all the time, she says. "You can certainly find time for your family and lead a normal life. There are many dancers who are happily married and are still active and successful on the stage."

Uma also feels the need for the impresario system in India to take care of the business and routine aspect of the art. In western countries it has proved useful in building up the career of new entrants into the profession. They arrange suitable programmes, build up the publicity, take care of the financial negotiations.

Tall, shapely Swapna Sundari is a Kuchipudi dancer of repute, known for her creativity. This young dancer has a long and distinguished career behind her. Her mother, Mrs. Rao, is one of the earliest women music directors and was associated in this capacity with the famous Gemini Studios of Madras. She composes music for Swapna's programmes. She said that devising a programme for the stage is an ardous task involving a lot of investment in terms of money and labour. A girl who wants to join the profession should be creative enough to think of new items and hard working enough to execute those ideas artistically. It is better if she is also well-versed in other allied art forms like music.

But whatever many be the difficulties, they all love their profession. To a true artiste what matters is the art, the joy of creative self-expression. Not all who enter the profession acquire international fame, fabulous affluence or countrywide adulation, but even then they feel content with doing what they had set their hearts on doing.

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When I rang him up in the morning to fix an appointment for an interview, Shatru asked me to meet him the same evening at the far away Filmalaya Studios where he said he would be shooting with Neetu Singh for "Choron Ki Baarat." And to keep his word, Shatru was waiting for me when I reached the studio late in the evening, even though he was told by the producer that he wasn't required for the shooting that day.

"The press doesn't highlight incidents like this — when I come on time to the shooting, but am told by the producer to wait for my shot. It is only when I report late on the sets that people start dubbing me as an incorrigible late-comer," Shatru quipped.

The raging topic of the day is Shatrughan's rift with Amitabh Bachchan. Hurt by the manner in which the climax of "Kaala Patthar", in which he was featured prominently, was badly mauled, Shatrughan had even walked out of yet another film of his, "Patthar Ke Log" in which he was teamed with Amitabh Bachchan.

Shatru wants to play it cool. Especially now, after he has been showered with praise for his memorable performance in "Kaala Patthar", in which he has stolen the show from right under the nose of Amitabh Bachchan. "I have no tensions whatsoever with Amitabh. We are not enemies. I have never refused to work with him or for that matter any other actor to date. In fact, when every other star was shying away from accepting a film with Rajesh Khanna after he was dubbed a flop, it was I who accepted films like

Pho'ograph : Rakesh Shreshtha

SHATRUGHAN SINHA: no tensions with Bachchan

Jyothi Venkatesh

'Dost Dushman' and 'Jaadugar' with him."

According to Shatru, his judgement of a person is never based on hits and flops or the Trade reports. "Merit, talent and personal behaviour and rapport count as far as I am concerned. If producers are not teaming Amitabh and me together, it is not because I am refusing to co-star with him. The 'No' has certainly not come from my side. I am confident of working with any actor in the industry.

"The rat-race is certainly not for me. I have seen to it that during the last four months not a single film of mine was launched. People have accepted me as a reliable actor after 'Kaala Patthar'. I do not want to saddle myself with more assignments than I can cope with."

Now Shatru makes it a condition when he signs a new film that the producer should not announce the film till it is actually launched. "Earlier, I used to be gullible, and people used to take me for a ride. No longer will they cash in on my name.

"Nobody is indispensible in the industry," Shatru says modestly. "The individual is not all that matters for the success of a film. It is the team work that counts in the long run. Today Amitabh Bachchan may be the most sought-after star. Tomorrow it could be me. After my innings, yet another face will rule the roost."

Shatru is happy that "95 per cent of the producers today repeat me in every film of theirs. I am working in Manmohan Desai's 'Naseeb' and 'Desh Premee'. I am working with Harmesh Malhotra in both 'Dharam Shatru' and 'Bhagula Bhagat'. Shreeram Bohra has repeated me after 'Thief of Baghdad'. Basically I am a producer's star. I know that film making isn't a joke, and hence I try to avoid harassment to a producer as far as I can.

"When Raj Kumar Kohli asked me if I would work in 'Red Rose', I didn't take up the offer because I have played similar anti-hero roles in several films of mine and there would be no novelty in it for me, whereas if Rajesh does the role, it will turn out to be something novel and memorable."

As I was taking leave of Shatru, he said that "the time is now ripe" for him to strike, and he is determined "to reach his way to the top."

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DETERGENTS: getting under the dirt

Krishna Basrur

The, word 'detergent' is derived from the Latin 'tergere' meaning 'to wipe'. A detergent, therefore, is just a cleansing agent and can be soapy or non-soapy (synthetic).

Packets of synthetic detergents in shops and on kitchen shelves are such a common sight these days that few consumers realise how recently they have appeared on the domestic scene. Soap has been in use for hundreds of years but the first synthetic detergent for use in industry was discovered as recently as 1916, by the German scientist, Fritz Gunther. The suitability of these detergents for household use quickly came to be realised and by 1971 non-soapy detergents (NSD) or Syndets, as they are sometimes called, had taken up 80 per cent of the overall weight of laundry soap produced in the U.S.A. and Germany and 50 per cent of that in the U.K. and other countries.

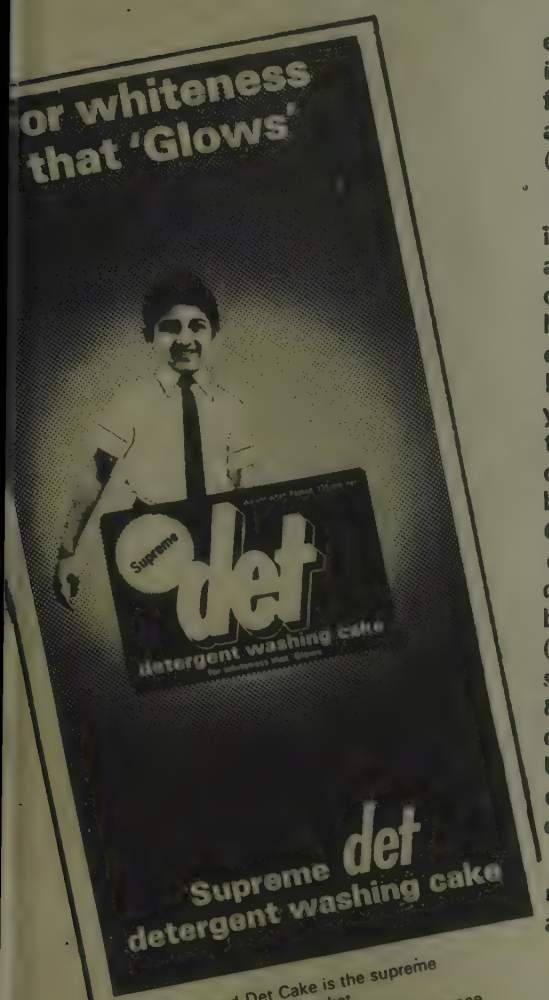
The rapidly growing popularity of syndets is not difficult to account for. Syndets have certain advantages over soaps because, being synthetic formulations, they can have various characteristics built into them by adding chemical additives.

1. Unlike soaps, syndets work efficiently in both hard and soft water. They are also more efficient over a wider range of alkaline and acidic media.
2. Using syndets does away with a lot of manual effort because the detergent works on the fabric and loosens the dirt just by remaining in contact with it. Scrubbing and beating are not required.
3. Clothes last longer because there is less wear and tear.
4. You get cleaner and better washes because synthetic detergents are estimated to have 1.5 to two times the detergency or cleaning power of soaps.
5. Provided you use them correctly, syndets are no more expensive than soaps and can even be cheaper. For example, Mr. S. Sen, Marketing Manager of Hindustan Lever estimates that 1 Kg. of their synthetic detergent, Surf, would have the detergency of 1.9 Kg. of their Sunlight soap or 2.25 Kg. of any average washing soap. A kilo of Surf, currently costing about Rs. 14.50, would have the same washing power as 1.9 Kg. of Sunlight soap, costing Rs. 15.20 at the rate of Rs. 8 a Kg.

How Synthetic Detergents Work

Housewives who are relatively unfamiliar with detergents are likely to use them the wrong way and waste their washing power. It is, therefore, helpful to understand the action of synthetic detergents on fabrics and the conditions in which they act best.

Let us see how syndets work. Fabrics and other articles which require cleaning cannot be washed clean with water alone because most dirt has traces of oil or grease, which are difficult to dislodge. A detergent is required to get under the dirt and get it off the fabric. To be effici-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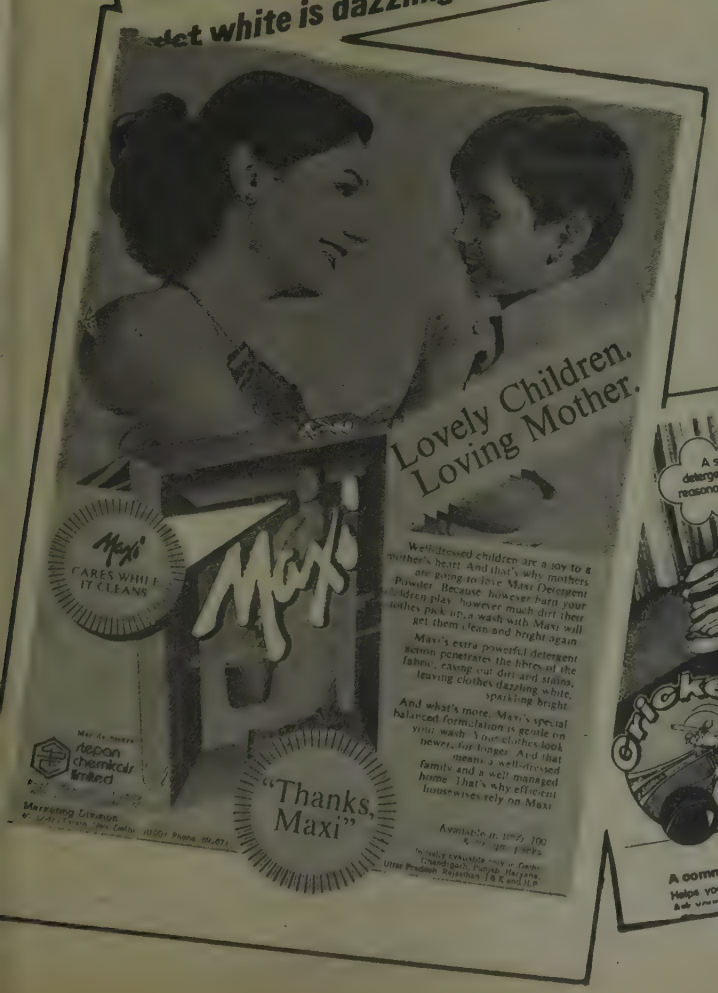

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DETERGENTS

ent, a detergent has three main functions to perform.

1. It must remove the dirt and grease.
2. It must break them down into smaller particles for easy removal.
3. It must prevent the dirt from being re-deposited on the surface to be cleaned by holding it suspended in the water.

To dislodge the dirt from the fabric, the water used must be able to wet or penetrate the fabric thoroughly. However, one of the characteristics of liquids, a phenomenon known as surface tension, prevents the water from easily spreading on and wetting the surface to be cleaned.

What is surface tension? The molecules of which water is composed are strongly attracted to each other and the attraction works in all directions. There are no such forces acting from outside on the surface, so the pull on the molecules of water is only inwards. This inward pull of all the molecules creates a tightening or tension on the exposed surface, which acts like a thin skin preventing the water from spreading.

The job of the detergent is to reduce this surface tension so that the water may spread rapidly and thoroughly wet the surface to be cleaned.

Synthetic detergents are able to do this because they have a molecular structure consisting of a head that is attracted to water, and a tail that is repelled by it. As soon as the detergent molecules come in contact with water, the heads of the former are immediately absorbed by the water molecules. But the tails, which are repelled by water, are thrust out between the water molecules, thus separating them and reducing the surface tension of the water, making thorough wetting possible.

The second quality detergents possess is the power to emulsify or break up the grease in dirt into tiny particles which are then held suspended in the detergent solution.

When synthetic detergents were first developed it was found that after a time the loosened dirt was likely to be redeposited on the surface to be cleaned. Good detergents now contain a chemical additive, sodium carboxyl methyl cellulose, which prevents redeposition of dirt.

Soap has a tendency to combine with the minerals in hard water to form insoluble metal complexes which settle on the washed material, giving it a greyish look. These show as a line of scum on buckets when you use soaps in hard water. Syndets, on the other hand, work equally well in hard or soft water because of the addition of phosphates which are water-softening agents. Sodium tripoly phosphate (STPP) and trisodium phosphate are added to the main cleaning agent, alkyl benzene, derived from petroleum, in order to soften the water. Sodium perborate may be added to bleach chemical stains and enzymes are added to some detergents because they act on and break up organic stains such as those caused by blood, perspiration etc.

To keep the detergent dry and free-flowing, sodium sulphate may be added. Addition of small quantities of sodium carbonate will improve detergency by increasing alkalinity. Too much of it will damage fabrics.

Whitening agents and optical brighteners may also be added to detergents to give added whiteness and brightness.

Soaking is important. All white and colour fast clothes must be soaked for at least 30 minutes but preferably 3 to 4 hours in the detergent solution to allow the detergent time to act.

For white cottons soaking in hot detergent solution will give the best results. Hot water should not be used for coloured clothes.

Dipping soiled clothing in plain water to remove the loose dirt before soaking in detergent solution will help to save detergent powder.

How much powder should one use? Start by following the manufacturer's instructions and then adapt to your own needs, depending on the amount of soiling. If the lather disappears on immersion of the clothes you have not used enough detergent. There must be sufficient lather after putting in the clothes. Before putting in the clothes, always whisk the detergent in the water till it is completely dissolved. Pour in enough water to ensure that the clothes are not packed too tightly, as this will prevent the detergent from getting at the dirt.

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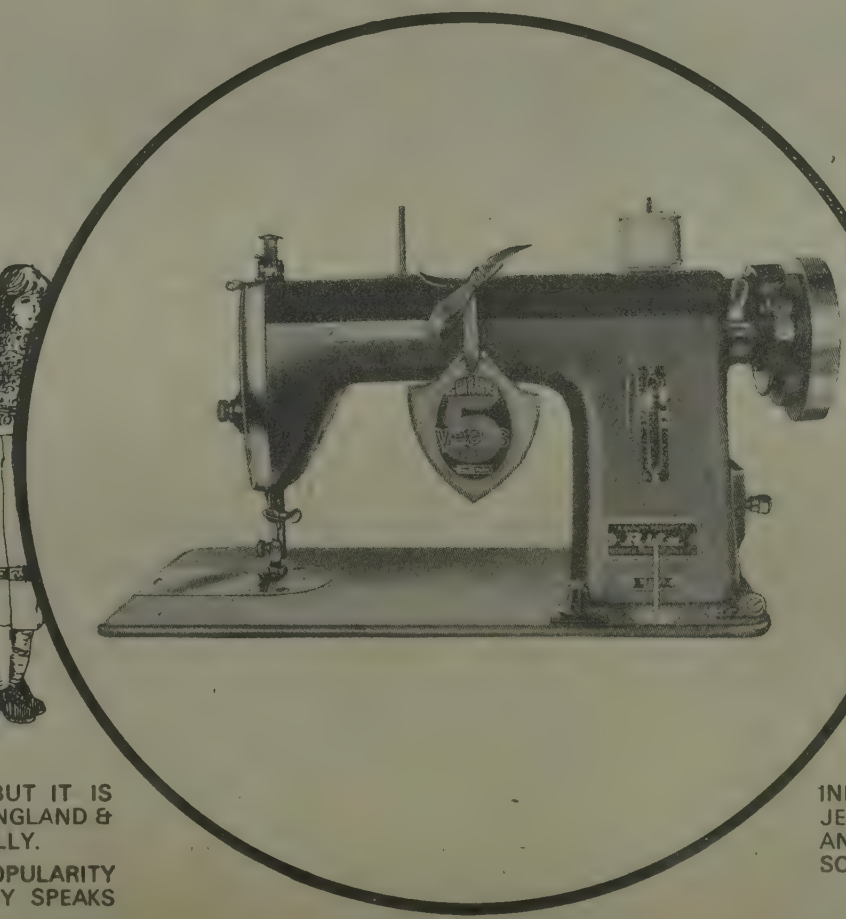

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DETERGENTS

Beating Clothes

Never beat clothes. It harms the fabric. Gently knead and squeeze the detergent solution through the fabric.

Rinsing

The more water you use the better, but running water is not advised by manufacturers because it washes off the synthetic detergent before it is able to complete the final detergent action. Rinse the washed clothes one at a time in a bucket or bowl of clean water to let the detergent which is still on the fabric do its job. Rinse two or three times.

Coloured Clothes

Good detergents should not harm coloured clothes but some clothes may have inferior dyes. Soak a corner of the garment that does not show to test colour fastness. If the colour runs do not soak. Just wet the garment and wash quickly, or to play safe, dry clean it.

Remember that different fabrics need to be washed differently. White cottons alone can stand boiling. Wool and silk must not be soaked as they will lose their shape. And they are best washed with detergent meant for delicate fabrics.

Detergent prices are too high

Prices of detergents have been constantly rising over the years. In the last year alone, prices of detergents have risen by about 16 per cent as compared to about six to seven per cent for washing soap. The reason given by manufacturers is that all petroleum-derived products have necessarily become more expensive because of the recent staggering rises in petroleum prices. Additionally, there is a 15 per cent excise duty on syndets as against only 5 per cent on soaps. The government arbitrarily continues to classify labour-saving and time-saving products as luxury goods used only by the elite and taxes them accordingly, ignoring the fact that it is working women and hard-working housewives of the middle and lower middle income groups that would benefit most by having such products brought within their reach.

Besides helping to balance the rise in cost, a cut in excise would encourage the use of sythentic detergents and help to conserve the valuable edible oils and fats which are today being diverted to soap-making especially in the unorganised sector which does not have the know-how or capacity to utilise non-edible oils for this purpose as the organised sector is doing.

The problem of pollution

The enormous growth in the production and use of synthetic detergents in America and some other developed countries has created serious pollution problems where detergents from millions of houses flow into lakes and ground water sources. The villains of the piece are the phosphates, which stimulate growth of green algae in lakes to such an extent that valuable marine and plant life is killed off with disastrous ecological consequences.

In India use of synthetic detergents is unlikely to assume proportions where it could threaten our rivers and fresh water lakes for many years but the time to take precautions against grave future problems is now. Syndets which are phosphate-free are now being produced abroad. In view of the many advantages which detergents offer, manufacturers should apply their minds to producing phosphate-free detergents for Indian consumers.

Wanted a common sense policy

The Government is considering reserving production of detergents for the small scale sector to promote small businesses and create rural employment. In case such a decision is finally taken, the organised sector would not be allowed to manufacture detergents. The crux of the matter is whether in a country where the per capita consumption of soap is among the lowest in the world (1.2 Kg. p.a. for laundry soap and 0.015 Kg. p.a. for syndets) the country can afford to lose the standardised high quality products made by the organised sector and whether the small scale sector would be able to make up the short-fall, much less increase their production and standards even within a reasonable period of time. This would mean that one more essential

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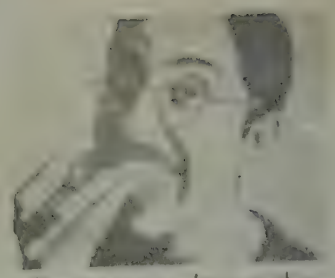

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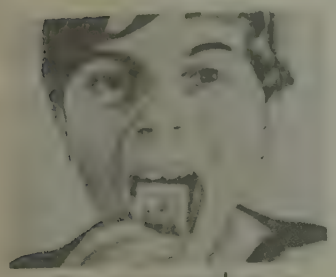

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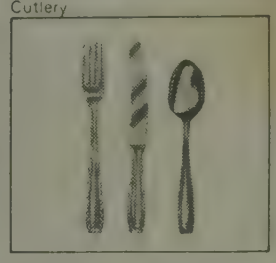

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HI YA HONEY!

By an Alves called Johnnie

A bachelor is a boy forever. Stay that way and be a joy forever

Honey, I have been thinking lately of how useful I can be to my poor brethren who are on the verge of taking the plunge. Bachelorhood is probably the happiest time of a man's life, so why should one throw it away? The second best of course is to be a widower, but the latter is very difficult to come by. With wives, so say the statistics, living longer, the poor husband has very little chance of regaining his lost freedom.

But come to think of it, bachelors too, have very little chance of freedom. Firstly, they are harassed by their own mothers who have tasted the fruits of domination over their own husbands. Every effort is made to find a suitable wife for their sons, so that they may continue their domination and assume that power which a mother-in-law alone can wield.

Then, girls of all shapes and sizes, of varying colours, different communities and several tastes but with one single idea in their heads, are always on the look out for victims. They never miss an opportunity to put over that old nesting instinct and take you as a partner for life.

Once you become a husband, you automatically become a wage earner, chauffeur, provider of all requirements, guardian and protector of her rights. If you dare do anything wrong, she can haul you before a court and compel you to pay alimony. But try blaming her for the burnt food she lays before you each day, and the first thing you know, she has gone to her mother.

So bachelors beware! I am going to reveal to you a few of the pitfalls you should avoid. When you take a girl out to the pictures and she says she enjoyed the film more because she came with you, look out! You are treading on rather dangerous ground. What her scheming mind is already planning is to make a film story of your life — with you as the paying producer and she as the heroine.

When you are ill and in bed and she sends you get well cards lovingly worded, watch out! She wants you to be well again so that you may be able to spend the rest of your life with her. If she visits you personally, lovingly forces you to take your medicines, arranges that pillow under your head and brings you a large bouquet of flowers, buddy, your goose is being cooked.

She is just trying to hoodwink you into believing that she will do all this and more after marriage. The actual state of affairs will be different and it will be too late when you find out. Ask me, and I'll tell you. The last time I had flu, she kept the pills next to my bed and flew away shopping. Last month when I was feeling run down and the doctor advised a change of climate, she rang up her friend and said, "Indira, I've got good news. The doctor has recommended we go out for a change. We are going to Bangalore. Isn't it great?"

When she calls you over for tea, or lunch or dinner, that's the time you should be extremely careful. It's what is known as the meal trap. You'll be sitting at the table like a guinea pig and everybody in the house will be sniffing over you, saying "Look who's come to dinner!" The food will be the best, and all of it "was specially prepared by Noel. She is a great cook." Look at the face of the youngest brother and you'll know at once that Noel does not know the difference between a green coconut and a red carrot.

One thing is certain, her mother will immediately approve of you. The father has no say at all. If, however, you succeed in getting him alone, try giving him a couple of stiff ones, preferably Goa feni, and once he is soused, he will pat you on the back and say, "Son, run for your life. Don't make a fool of yourself."

Buddy, if you think you are being caught in this meal trap, try flirting with the mother. Chances are you'll be thrown out, but that's better than marrying the daughter.

Until next time then.

DETERGENTS

commodity, detergents, would join the long list of essentials in short supply such as kerosene, coal, cooking gas, pulses, edible oils, cloth, transport housing etc. etc.

There is another very important aspect — that of safety. While soap may be fairly easily produced in the small scale and cottage sectors, production of standardised synthetic detergents calls for a certain degree of technical know-how and sophisticated equipment. Lack of proper process control can lead to many undesirable consequences both for workers and consumers. For example sulphonation of alkyl benzene involves working with oleum (sulphur trioxide dissolved in sulphuric acid). This requires a reactor but in the small scale sector the mixing is mostly done directly by the workers at considerable risk to themselves.

Alkyl benzenes are saturated compounds. During Sulphonation unsaturated impurities will give sultones which can cause allergic dermatitis. Sultones were held responsible for the allergic dermatitis of epidemic proportions which occurred in Norway and Sweden due to a particular branch of detergent active called LES 13-2035, which was present in a particular dish-washing liquid. In India, persistent and painful allergic dermatitis on the hands is fairly common among housewives. Careful control at every stage is therefore essential to eliminate such hazards.

Cheap detergents may have an excess of Soda ash, 50 to 80 percent, as against the normal five to 15 per cent. Used thus as a filler, Soda ash will dull the colours of garments and spoil the fabric. Again, while efficient detergents contain 12 to 20 per cent of active detergents and 20 to 30 per cent of phosphates which soften water and help the cleansing action, poor quality detergents may contain only eight to 13 per cent of the former and 0 to five per cent of the latter. An efficient detergent will also contain anti-redepositor, fluorescer for extra whiteness and zero to five per cent of borax, all of which are not normally used in most detergents produced in the unorganised sector.

The need of the hour is, therefore, for more pragmatic, common sense policies. We need more and more production in every sector to meet the common consumers' pressing need for the simplest essentials of life. To close down efficiently functioning units which are able to produce high quality detergents under controlled conditions which ensure the safety of the workers and consumers will be an active disservice to both. Government must assist the unorganised sector to increase production and raise standards by giving technical assistance, training in quality control, cheap loans and all other necessary help, while allowing the organised sector to continue production. Growing competition between the two sectors, quality-wise and price-wise, will be one of the chief safeguards of the consumer interest.

PEOPLE AND EVENTS

BOMBAY

The Indian Society for The Rehabilitation of The Handicapped in collaboration with Lions International District 323A presented "WEALTH OF TALENT", a competition in music, painting, handicrafts and embroidery for handicapped people at Birla Kreeda Kendra. Mrs. Nargis Dutt presided over the function.

* * *

The National Association for the Blind observed September 14, 1979 as Flag Day. Dr. Jagdish N. Parikh, Chairman of the Flag Day Committee, and the other office bearers pinned flags on the Governor and the Chief Minister of Maharashtra and the Mayor and the Sheriff of Bombay.

The All India Flag Day for the Blind was observed not only in Bombay, but in several States of India to collect substantial funds to meet the growing demands of those who are denied nature's most precious gift, "vision".

Voluntary contributions will be instrumental in assisting the All India activities, services and projects and Institutions for the welfare of the blind.

* * *

The Friends of Children Society held its annual film show at the Regal cinema. The film was "A Little Romance" and the collections amounted to Rs. 85,000. Mrs. Homai Peerbhoy, the President of the Society, appealed to the public of Bombay to support the Society's activities especially in this year of the "Child".

The Friends of Children Society, in the eighteen years of its existence has provided two Homes for destitute children, a dormitory for a school, a ward for a children's hospital and a children's operation theatre. Besides sponsoring forty children, the society conducts a tailoring class and a nutrition programme for 100 children and is planning a programme for the prevention of blindness among children.

* * *

In keeping with the ancient traditions of dance being performed in the temples, the 'Odissi Dance Centre', will start its classes at Bombay's 'Hare Krishna Temple', Juhu, from October 4 1979. This will provide an opportunity to all suburban students to learn this ancient classical dance under the guidance of renowned gurus from Orissa.

* * *

Bonnie Boutique held its annual display-cum-sale of dresses at the Aakar Art Gallery. The items for sale included gifts for mothers and mothers-to-be, dainty dreses, sarees, and dhoty-kurtas for toddlers and kids.

* * *

Dr. (Mrs.) Preeti Shah's first solo exhibition of paintings on birds and animals held at the Jehangir Art Gallery, was inaugurated by Mr. Kamleshwar, well known story-writer, editor and T.V. personality.

* * *

Colgate-Palmolive under its 'Young India' Dental Health Programme sponsored the Dental Health Week organised by the Indian Dental Association, Bombay Branch. This is the fourth successive year that Colgate has sponsored the Dental Health Week as part of its continuing efforts to promote awareness of dental hygiene and improve standards of oral hygiene in general.

The Dental Health Week was inaugurated by Prof. Sadanand.

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1. The Governor of Maharashtra, Mr. Sadiq Ali, seen at the inauguration of Lintas Expo '79 held at the Jehangir Art Gallery in Bombay. At left is Mr. Alyque Padamsee, Gen. Mgr. of Lintas.

2. A group show of drawings, paintings and graphics was held by Munir Ahmed, Nirmala Mareeachalee, S. Ghosh and Vilas Shinde at the Jehangir Art Gallery, Bombay. The artists are seen with visitors.

3. At the premiere show of "Kaala Patthar" organised by the Cancer Patients Aid Association in Bombay, are seen (standing from left) Amitabh Bachchan, Prem Chopra, Mrs. N. Matani, Mrs. Rekha Sapru and Mrs. S. Jasdanwalla. Seated (from left) are Raakhee, Gulshan Rai and Yash Chopra.

S. Varde, Minister for Education, Government of Maharashtra, at Birla Kreeda Kendra. In keeping with the importance of creating awareness of oral hygiene at an early age, a number of stimulating and interesting contests on the subject of oral hygiene involving children of all ages were held.

During the last 4 years, under the 'Young India' Schools' Dental Health Programme, as many as 15 lakh school children from lower and middle income families, have been provided instruction in the basic rules of dental hygiene in the major cities of the country. The programme is being extended still further this year.

* * *

Mr. Raja Chimbulkar, Mayor of Bombay, inaugurated a free dispensary for children and medical aid for the weaker sections of society. The dispensary was opened by the chairman and members of the Managing Council of the Mahila Vibhaga of Bunt Alias Nadava Sangha, Bombay.

CALCUTTA

The Richie Road Literary Society met at the residence of the Honorary Secretary, Bharati Gupta for the quarterly reading of poems and short stories by young and old writers. This also marked the third anniversary of their annual publication "Chitrak" (The Leopard).

* * *

Max Muller Bhavan presented Carmen Paeternostro and others at a dance-drama performance based on the poems of Brecht and Aloke Ranjan Dasgupta. The performance was interesting because it was an experiment in multi-media presentation coordinating dance, recitation, shadow projection and audio-visuals. The background music was a combination of pop, jazz, percussion and classical music and helped to accentuate the moods of the poems. Carmen's agility and grace gave expression to the poems.

* * *

The Calcutta Music Circle presented M.R. Gautam in a programme of classical music. A.G. Banerjee accompanied him on the tabla and Asaf Ali on the harmonium. Mr. Gautam's excellent command over his voice and his artistry in presentation of ragas were appreciated by the audience.

* * *

An exhibition sponsored by the National Library, Calcutta, displayed about one hundred books on the subject of environmental pollution. The books were divided into six sections, namely, Man and Environment, Pollution Control, Noise Pollution, Atmospheric Pollution, Water Pollution and Industrial Pollution.

BANGALORE

The Vijaya Ladies Club of Vijayanagar organised an exhibition-cum-sale of handicrafts in aid of the International Year of the Child. Mrs. Shakuntala Balu was the chief guest. Mrs. Lajja Aneja, President, welcomed the gathering and Mrs. Padma Shirkey proposed a vote of thanks at the inaugural function.

OOTACAMUND

The Nilgiri Arts Group presented "Old Moore's Almanac", produced by Malini Vijayaraghavan, at the Y.W.C.A., Eastbourne. The performers were Indu K. Mallah, Kamla Dayal, Malini Vijayaraghavan, Glenys Adams, and Marie Mascarenhas. The programme included a puppet show by Glenys Adams, Malini Vijayaraghavan, and Priya Vijayaraghavan and a guitar-solo by Mary Osmaston.

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4. Chief Guest Mrs. Nargis Dutt judging a Mehndi design at a contest entitled "Mehndi Rache Haath" organised by the Rajasthan Club, at Hotel Maurya, New Delhi.

5. At the Independence Day celebrations held at Hotel Oberoi Towers, Bombay, by the International Tourism Council, are seen (from left) Mrs. P. F. Dotivala, Vice-President of the Council; Mrs. M. Hidayatullah, Mr. Homi Taleyarkhan and Mr. M. Hidayatullah, Vice-President of India.

6. Mr. Govind Narain, Governor of Karnataka and Mrs. Narain inaugurated an exhibition of Ikebana organised by Mano Sidhu and Anita Malhotra (extreme left and right) in Bangalore.

7. Writers and poets seen at the Richie Road Literary Society's meeting held in Calcutta.

7

THIS WEEK FOR YOU

FOR THE WEEK OCT. 7 — OCT. 13.

John Naylor

IF IT'S YOUR BIRTHDAY THIS WEEK:

A lively and lucky picture for you! Much depends upon speedy decision about opportunities that come your way, for speedy decisions will be necessary on more than one occasion. It seems likely that you have made an important change in your affairs in the recent past. If so, and this has improved your status, don't rest on your laurels, for there are still golden prizes within your reach! A splendid money-making year, both through your routine activities and also because of a special talent you possess. Social activities will be important, not merely for fun and relaxation but also because you'll be thrown together with influential people who can do much to help your ambitions along.

ARIES

(Mar. 22 — Apr. 20)

Try and fit in with the wishes of others and you'll get along very nicely. However, recent problems should now be settled and you'll have more cash in hand. The remainder of 1979 will be progressive.

TAURUS

(Apr. 21 — May 21)

Emphasis on the affairs of your partner and others close to you. A busy period ahead of you, a rather changeable one, so be adaptable as well as organised. Economise after the 11th; if you have important purchases in mind, leave them until next month.

GEMINI

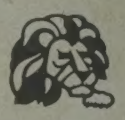
(May 22 — June 21)

A week of happy surprises, new meetings for the unattached. A friendly, affectionate phase for all Gemini folk. People will give you a helping hand. Your partner will be full of adventurous plans which you'll accept.

CANCER

(June 22 — July 23)

Home life takes precedence and if you are considering a move, a good time to set wheels in motion and to make improvements to present surroundings. The stars are also bringing a happy social scene.



LEO

(July 24 — Aug. 23)

Mars in your sign, other stars sympathetically placed, aid both long and short term personal plans. Be alert to chances to advance your interests and ambitions. You will accomplish what you set out to do quite easily this week.

VIRGO

(Aug. 24 — Sept. 23)

You are heading into a lucky period, so get yourself up to date on routine matters. Life will be quite pacy soon and your activity will be to your advantage. You might still be clearing up long-standing family and other problems, but future prospects are splendid.

LIBRA

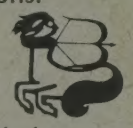
(Sept. 24 — Oct. 23)

Cash will tend to slip through your fingers this week; you'll be in the mood to spend. You'll get good buys, and prospects look bright for you. A lively and romantic week with new friendships forming. There are also excellent indications for future security.

SCORPIO

(Oct. 24 — Nov. 22)

A party could bring a new romance, one which works out happily for you. You will also meet useful business contacts in an informal setting. A surprise happening could change the course of your ambitions.



SAGITTARIUS

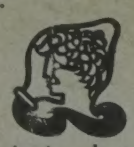
(Nov. 23 — Dec. 22)

Although everything is going well for you one ambition may be hanging fire at present, but be patient. Don't force the pace. Contracts, legal agreements, come under helpful stars, also business and pleasure travel.

CAPRICORN

(Dec. 23 — Jan. 20)

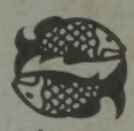
An unexpected meeting, an unusual incident or secret news will be fortunate for you. Your intuition will be working well this week. A relative will be in a generous mood and it will be easy to secure help.



AQUARIUS

(Jan. 21 — Feb. 19)

Your patience will be put to the test, but you are taking current difficulties too much to heart because these have been with you for some time. Health may not be quite up to par, but late November sees you swinging into happier times.



PISCES

(Feb. 20 — Mar. 21)

Good news from afar or you may be arranging overseas travel. Make it your policy, over the next several months to get relaxation. This will be a friendly sort of week, with people generally helpful. Begin to trim the trivialities out of your routine.

ARE YOU MARRIED AND CARED FOR AND LOVED?

Continued from page 27

costly to shed a lover as a spouse," will emphasise that the Marvin-Triola relationship was a marriage in all but in name. While meretricious relationships (money for sex) cannot be covered, Mitchelson will argue for Michelle's services rendered as housekeeper, cook and confidante. The Supreme Court has stated that "unmarried couples could expressly agree to share their property or even imply such an agreement by their conduct toward each other."

Recognition of women's conjugal rights in India is slowly being granted. The Delhi High Court has now ruled that it is not always the wife who is expected to resign her job to live with her husband, but the husband should go live with his wife at her place of employment.

Since men have all along decided the rules in the conjugal game, women's rights are still looked on as a peculiarity. Both Christian and Muslim marriage laws require to be radically updated to present day living conditions.

Mrs. Kumud Desai, wife of Justice Desai, and illustrious author of the comprehensive book "Indian Law of Marriage and Divorce", strongly feels the necessity to codify one common law of marriage and divorce, that governs all creeds, while preserving their separate identities. Undue delay, on account of complicated legal procedures, she stated, often prevents victims of matrimonial offences from seeking relief. Some petitions filed as long as seven years ago were still to be disposed of! Mrs. Desai is convinced that unnecessary suffering could be ameliorated, if provision for coping with the backlog of cases, and for ensuring the speedy disposal of justice were made, firstly:

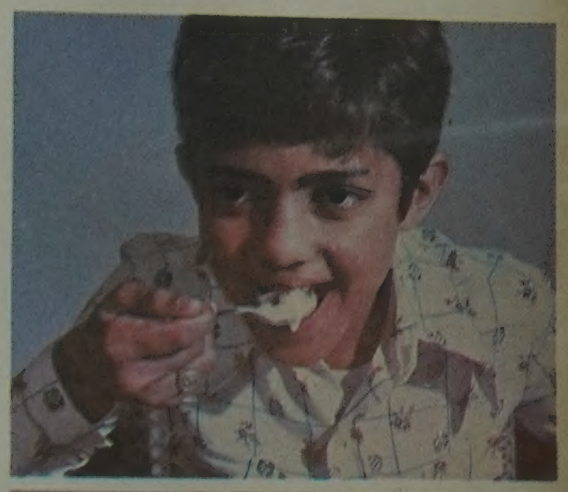
By the setting up of tribunals to deal with matrimonial offences, where the judge could be assisted by qualified social service workers, and secondly,

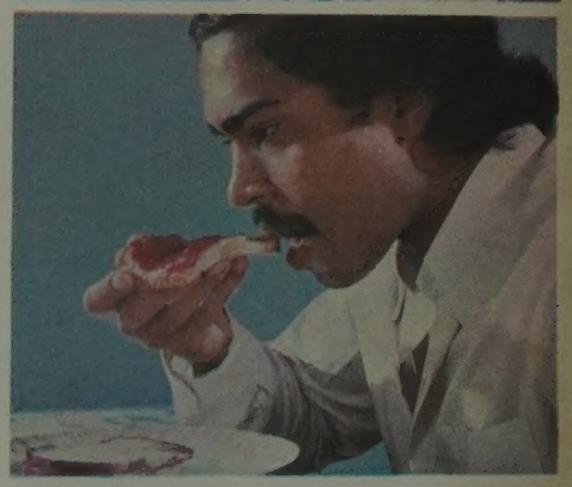
By the codification of a law with a simple procedure to govern marriage and divorce. The treatment of childless couples by the law should differ from that of couples with children, as ample provision for reconciliation between spouses for the sake of the children were more necessary.

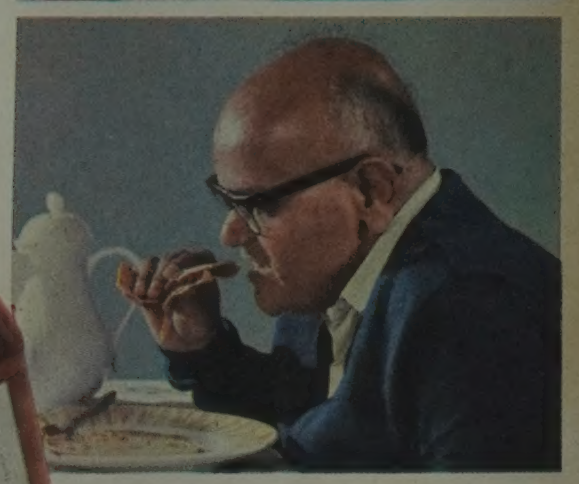
Economic independence and education are the only answer, said Mrs. Desai, to the blind acceptance of suppressive social conditions that deny the Indian woman her basic right to decide whether she wants to get married, and if she does, to decide what these conjugal rights will be.

Society progresses only if its women progress. The challenging question however is in a population of 600 million, where roughly half that number are women who are unaware, or unable to help themselves if they are unhappy, where does one start?

the nicest things in life are sweet the sweetest things come from KISSAN







Things like Kissan jams. An irresistible range of fruit flavours to make a lot of things more enjoyable, more inviting. Want your family to enjoy what they eat? Try spreading some sweetness the Kissan way. Rich in vitamins and nutrients, brimming with energy. Only handpicked season fresh fruits give their goodness to Kissan jams. What a delectable way to start the day. Or continue it.

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